



International Conference on Eating Disorders and Obesity

January 26-27, 2009

Maale Hachamisha Conference Center
Judean Hills, Israel



Dear Colleagues,

We are happy to invite you to a two-day international conference on diagnostic controversies and novel treatment strategies for eating disorders and obesity. The conference will take place on Monday and Tuesday, January 26-27, 2009 in the Maale Hachamisha Conference Center. The scope of this conference is primarily clinical, hoping to enable experts in the area of eating disorders and obesity to gain better knowledge and expertise in the understanding and treatment of these complex disorders.

Each day of the conference includes up-to-date lectures and workshops focusing on different aspects of the treatment of eating disorders and obesity. The lectures and workshops are designed to be both comprehensive and psychoeducational, and suitable for all relevant professions, including internal medicine, sports physicians, pediatricians, endocrinologists, psychiatrists, child and adolescent psychiatrists, psychologists, social workers, nurses, expressive therapists, dietitians, and physical activity trainers. We have made every effort to invite internationally recognized experts, and are happy to accommodate them in Israel.

All plenary lectures and workshops will be in English, while there will be separate short paper sessions in both Hebrew and English. The first day of the conference will be dedicated to eating disorders and the second to overweight and obesity. Each day will include three up-to-date lectures, specific workshops for specific professions, and short paper sessions on clinical and research issues.

The Conference has been initiated and organized by the Israel Society for Treatment, Research and Prevention of Eating Disorders. It is under the auspices of the Israel Society for Treatment, Research and Prevention of Eating Disorders and the Academy of Eating Disorders.

We look forward to greeting you in Israel.

Prof. Yael Latzer

Chairman, Israel Society for Treatment, Research and Prevention of Eating Disorders

Prof. Daniel Stein

Vice Chairman, Israel Society for Treatment, Research and Prevention of Eating Disorders

Faculty

Michael Devlin, MD, Associate Professor of Clinical Psychiatry, Department of Psychiatry - Clinical Psychopharmacology, Columbia University, USA

Allan Geliebter, PhD, Professor of Psychology, Touro College and Senior Research Scientist, Department of Psychiatry, Columbia University, USA

Sylvie Naar-King, PhD, Associate Professor, Pediatric Prevention Research Center, Wayne State University, USA

Marilyn Stern, PhD, Professor, Departments of Psychology and Pediatrics, Co-Director, Counseling Psychology Program, Virginia Commonwealth University, USA

Janet Treasure, PhD, FRCP, FRCPsych, Director Eating Disorder Unit and Professor of Psychiatry, Guys, Kings & St Thomas Medical School, Kings College London, UK

Judith Wylie-Rosett, EdD, RD, Professor of Epidemiology and Population Health, Albert Einstein College of Medicine, USA

Abstracts: You are all invited to submit 250-word abstracts in English for review by the scientific committee. Each abstract should include the name of the presentation and the name and working affiliations of the presenter (underlined) and other collaborators. The body of the abstract should include the following sections: background & aims, methods, results and conclusions. Each part of the abstract should start with the relevant headline. The deadline for sending abstracts is December 31, 2008.

Abstracts should be sent to the Secretariat at congress@isas.co.il

Program

Eating Disorders / Monday, January 26, 2009

- 08:30-09:15 Registration
- 09:15-09:30 Greetings; Highlights of Today's Program
Daniel Stein
- 09:30-11:00 **Plenary Lectures**
- 09:30 Training Caregivers to Improve the Functioning of Families of Eating Disorders Patients and Facilitate the Communication of Therapists with These Families
Janet Treasure
- 10:00 Night Eating Syndrome: Diagnosis, Treatment and Research
Allan Geliebter
- 10:30 Binge Eating Disorder: The Current State of the Art in Relation to Diagnosis, Outcome and Treatment
Michael Devlin
- 11:00-11:30 Coffee Break
- 11:30-13:00 Free Papers
- 13:00-14:00 Lunch
- 14:00-15:45 **Parallel Workshops**
- Workshop 1: Taking Care of the Caregivers: New Strategies for Reducing the Therapist's Burden and Helping Prevent Burnout
Janet Treasure
- Workshop 2: Cognitive Behavioral Therapy (CBT) for Binge Eating Disorder (BED)
Michael Devlin
- Workshop 3: Biological Influences on Human Food Intake Focusing on the Stomach
Allan Geliebter

Overweight and Obesity / Tuesday, January 27, 2009

- 08:30-09:15 Registration
- 09:15-09:30 Greetings; Highlights of Today's Program
Yael Latzer
- 09:30-11:00 **Plenary Lectures**
- 09:30 Parent-Child Relationship in Families with Overweight Children and Adolescents
Marilyn Stern
- 10:00 Globalization of Obesity: Lifestyle and Public Health Solutions
Judith Wylie-Rosett
- 10:30 Enhancing Motivation towards Behavioral Change in Obesity: From Theory to Practice
Sylvie Naar-King
- 11:00-11:30 Coffee Break
- 11:30-13:00 Free Papers
- 13:00-14:00 Lunch
- 14:00-15:45 **Parallel Workshops**
- Workshop 1: Parents-Focused Treatment of Overweight Children
Marilyn Stern
- Workshop 2: Weight Management Programs for Obese Patients: The Current State of the Art
Judith Wylie-Rosett
- Workshop 3: Enhancing Motivation towards Behavioral Change in Obesity: Clinical Implications
Sylvie Naar-King

General Information

Registration Fee of \$250 for the two-day seminar includes participation in all sessions, seminar handouts, lunch & coffee/cake break each day and a welcome reception on Sunday evening. This fee is valid until January 5th. After that the fee is \$280.

Accommodations: Rooms are available at the Maale Hachamisha Conference Center for \$91 per night for a single room and \$98 for a double room. Prices are for B/B. A non-refundable deposit of \$98 must accompany reservations.

Cancellation Policy: Cancellations received before January 19, 2009 are subject to a \$60 service charge. No refund for cancellations received after January 19, 2009.

For further information and updates about the seminar, go to the website: www.isas.co.il/eating_disorders or contact the secretariat at congress@isas.co.il

Registration Form – Eating Disorders and Obesity

Please send to: ISAS International Seminars, POB 34001, Jerusalem 91340, Israel; Fax +972-2-6520558; register@isas.co.il

Surname.....
First Name.....Title.....
Place of Work.....
Email

Mailing Address (please check Work Home)
.....
City.....Postal Code.....
Country.....
Telephone.....
Fax.....

Please book a single room double room at the Maale Hachamisha Hotel for nights.

Check-in date..... check-out date.....

I will share my room with *

* It is the sole responsibility of the participant to find a roommate. In the absence of a roommate, single occupancy price will be charged

Please indicate in which workshops you would like to participate.

Monday: Workshop: 1 2 3

Tuesday: Workshop: 1 2 3

Please itemize payments:

Registration \$

Accommodations \$

Total \$

Payment Instructions

Enclosed is check payable to ISAS International Seminars.

Charge my credit card: VISA DINERS M/C AMEX

Number

Expiration 3-4 Digit Security Code

Bank transfer to: ISAS International Seminars Ltd.

Bank Leumi, Tourist Branch #780, 19 King David St., Jerusalem, Israel
Account Number 812900/40

SWIFT Account: LUMIILITINT

IBAN CODE: IL850107800000081290040

Please email/fax a copy of the bank transfer instructions to the secretariat.

SignatureDate



Secretariat:

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