Monday, August 31

PRE-CONGRESS WORKSHOPS

Workshop 1 - Arnoud Arntz
09:00-17:00
Schema Therapy for Borderline Personality Disorder
Arnoud Arntz
University of Amsterdam, Amsterdam, The Netherlands

Workshop 2 - David H. Barlow
09:00-17:00
Unified Protocol for Transdiagnostic Treatment of Emotional Disorders
David H. Barlow
Boston University, Boston, USA

Workshop 3 - Judith S. Beck
09:00-17:00
Cognitive Behavior Therapy for Personality Disorders
Judith S. Beck
Beck Institute for Cognitive Behavior Therapy, Bala Cynwyd, PA, USA

Workshop 4 - David Brent
09:00-17:00
Treating Depressed and Suicidal Adolescents: A Guide for the Clinician
David Brent
University of Pittsburgh School of Medicine, Pittsburgh, PA, USA

Workshop 5 - David M. Clark
09:00-17:00
An Update on Cognitive Therapy for Social Anxiety Disorder
David M. Clark
University of Oxford, Oxford, UK

Workshop 6 - Edna B. Foa & Nitsa Nacash
09:00-17:00
Prolonged Exposure Therapy for Posttraumatic Stress Disorder
Edna B. Foa1, Nitsa Nacash2
1University of Pennsylvania, Philadelphia, PA, USA, 2Chaim Sheba Medical Center, Ramat Gan, Israel

Workshop 7 - Mauro Galluccio
09:00-17:00
Tailored Training for Negotiators: Interpersonal and Diplomatic Perspectives
Mauro Galluccio
EANAM, Brussels, Belgium

Workshop 8 - Daniel Hamiel
09:00-17:00
From Crisis to Growth - Resilience Training with Children and Adults to Prevent Psychopathology and Build Life Skills
Daniel Hamiel  
Cohen Harris Resilience Center and Interdisciplinary Center, Herzliya, Israel

Workshop 9 - Stirling Moorey  
09:00-17:00  
CBT for Life-Threatening Illnesses  
Stirling Moorey  
South London and Maudsley NHS Foundation Trust, London, UK

Workshop 10 - Antonio Pinto  
09:00-17:00  
A Mindfulness and CBT Integrated Treatment for Psychosis: How to Improve the Quality of Life from the Early Onset to Chronicity  
Antonio Pinto  
CEPICC, SITCC, DMH Naples, Naples, Italy

Workshop 11 - Ronald M. Rapee  
09:00-17:00  
Managing Anxiety Disorders among Young People  
Ronald M. Rapee  
Macquarie University, Sydney, Australia

Workshop 12 - Tammie Ronen  
09:00-17:00  
Training People to be Happy: What can be Learned from CBT?  
Tammie Ronen  
Tel Aviv University, Tel Aviv, Israel

Workshop 13 - Paul Salkovskis  
09:00-17:00  
CBT for OCD: Exposure Doesn't Have to Hurt  
Paul Salkovskis  
University of Bath, Bath, UK

Opening Session and Reception  
18:30-20:00  
Greetings

Opening remarks:  
Prof. Aaron T. Beck (via video)

Opening Keynote:  
Prof. Mark Williams, Oxford University, UK  
Cognitive Processes of Change and Transformation

Performance:  
Jerusalem Youth Chorus
Tuesday, September 1

Open Paper Session: CBT and Trauma in Areas of Conflict throughout the World 1
08:00-09:00  Room 2

Testing an African Torture Rehabilitation Model: A Contextually-Informed, Evidence-Based Psychosocial Model for the Rehabilitation of Victims of Torture
Dominique Dix-Peek
Centre for the Study of Violence and Reconciliation, Johannesburg, South Africa

Prolonged Exposure Treatment for PTSD in a Third World, Task Shifting, Community-Based Environment
Jaco Rossouw¹, Elna Yadiri², Sroya Seedat¹, Debra Alexander¹, Irene Mbanga¹, Tracy Jacobs¹, Wendy Rossouw¹
¹University of Stellenbosch, Stellenbosch, Western Cape, South Africa, ²Center for the Treatment and Study of Anxiety, University of Pennsylvania, Philadelphia, PA, USA

Palestinians in Israel: Identity, Contact, and Ethos of Conflict
Salim J. Munayer
Bethlehem Bible College, Bethlehem, P.A., Israel

Open Paper Session: Addiction
08:00-09:00  Room 3

Treatment of Cannabis Dependence Using Cognitive-Behavior Therapy and Relapse Prevention
Aviv Weinstein¹, Miki Bloch², Hila Miller², Irit Bluvstein²
¹University of Ariel, Ariel, Israel, ²Tel Aviv University, Tel Aviv, Israel

Comorbidity of Behavioral Addictions with Other Psychiatric Conditions
Aviv Weinstein¹, Pinhas Danon³, Michel Lejoyeux³, Abraham Weizman³
¹University of Ariel, Ariel, Israel, ²Tel Aviv University, Tel Aviv, Israel, ³Paris 7 University, Paris, France

Desensitizing Addiction: Using Eye Movements to Reduce the Intensity of Substance-Related Mental Imagery and Craving
Marianne Littel, Marcel van den Hout, Iris Engelhard
Utrecht University, Utrecht, The Netherlands

Open Paper Session: Cognitive Processes in Depression
08:30-10:00  Room 4

Reduction of Depressive Bias in Depressed Individuals following Pro-Positive Online Attentional Training, an Eye-Tracking Study
Pawel Holas¹, Izabela Krejtz², Marzena Rusanowska³, John Nezlek⁴
¹University of Warsaw, Warsaw, Poland, ²University of Social Sciences and Humanities, Warsaw, Poland, ³Jagiellonian University, Krakow, Poland, ⁴College of William and Mary Williamsburg, Williamsburg, USA

Does Negative Affect Modulate Cognitive Control in Individuals with Depressive Symptoms?
Akihiro Masuyama¹, Satoshi Mochizuki²
¹Tsukuba University, Tsukuba City, Ibaraki, Japan, ²Graduate School of Comprehensive Human Science, University of Tsukuba, Tsukuba City, Ibaraki, Japan

The Interaction of the 5-HTTLPR and Childhood Trauma Influences Memory Bias in Healthy Individuals
Janna Vrijsen¹, Indira Tendolkar¹, Alejandro Arias-Vásquez¹, Barbara Franke¹, Aart Schene¹, Guillén Fernández², Iris van Oostrom¹
¹Radboud University Medical Center, Department of Psychiatry, Nijmegen, The Netherlands, ²Radboud University, Donders Institute for Brain, Cognition and Behaviour, Nijmegen, The Netherlands, ³Radboud University Medical Center, Department of Human Genetics, Nijmegen, The Netherlands, ⁴Radboud University Medical Center, Department of Cognitive Neurosciences, Nijmegen, The Netherlands

Fluency and Flexibility in Retrieving Specific Autobiographical Memories: The Impact of State versus Trait Depression
Barbara Dritschel
Open Paper Session: Basic Research on Anxiety
08:30-10:00 Room 5

The Role of Safety Signals in Fear Extinction: An Analogue Study
Juan C. Restrepo-Castro¹,³, Leonidas Castro-Camacho², Francisco Labrador³
¹Universidad de la Sabana, Bogotá, Colombia, ²Universidad de los Andes, Bogotá, Colombia, ³Universidad Complutense, Madrid, Spain

The Effects of Social Anxiety on Emotional and Motor Empathy
Corine Dijk, Agneta Fisher, Nexhmndin Morina, Gerben van Kleef, Charlotte can Eeuwijk
University of Amsterdam, Amsterdam, The Netherlands

Active vs. Passive Use of Social Networks among Socially Anxious Individuals
Jonathan G. Shalom¹, Gal Tamir², Joshua D. Lipsitz³
¹Ben-Gurion University, Beer-Sheva, Israel, ²Tel-Aviv University, Tel-Aviv, Israel

Are Avoidance Biases in Social Anxiety due to Biases in Stimulus Classification or General Behavioural Tendencies?
Daniel Rudaizky¹, Colin MacLeod²
¹University of Western Australia, Perth, Western Australia, Australia, ²Babes-Boyali University, Cluj-Napoca, Romania

Music Performance Anxiety and Flow amongst Classical Musicians
Susanna Cohen, Ehud Bodner
Bar Ilan University, Ramat Gan, Israel

Implicit and Explicit Associations with Erotic Stimuli in Sexually Functional and Dysfunctional Men and Women
Jacques van Lankveld¹, Ingrid Odekerken¹, Lydia Kok-Verhoeven¹, Susan van Hooren¹,², Peter de Vries¹, Anja van den Hout³, Peter Verboon²
¹Open University of The Netherlands, Heerlen, The Netherlands, ²Hogeschool Zuyd, Heerlen, The Netherlands, ³Atrium Medical Center, Heerlen, The Netherlands

Open Paper Session: Transdiagnostic Treatments
08:30-10:00 Room 6

Integrating Second and Third Wave CBT Using Metaphors and Imagery
Ruth Aharoni, Nina Kirstein Jørgensen, Nicole Rosenberg, Clas Winding
Mental Health Centre, Capital Region of Denmark, Denmark

Values Work Augments Motivation to Invest and Persist in Therapy: An Analogue Investigation
Sara Catane¹,², Ben Katz¹, Ittah Yovel¹
¹Hebrew University of Jerusalem, Jerusalem, Israel, ²Sheba Medical Center, Tel Hashomer, Israel

Integrating Cognitive Behavioral Therapy with a Psychoanalytic Approach - Wachtel's Work as an Example
Yossi Schwartz, Amnon Rolnick
Rolnick's Clinic, Ramat Gan, Israel

Fighting Fear: A Preliminary Evaluation of a Novel Trans-Diagnostic CBT and Mindfulness Group Treatment for Anxiety Disorders
Saquib Ahmad¹
¹West London Mental Health Trust, London, UK, ²Fighting Fear Limited, London, UK

Promoting Resilience in Early Childhood: A Short-Term, Community Intervention with Parents and Day-Care Centers' Staff
Keren Goldberg¹, Dafna Rahav¹, Daniel Hamiel¹, Leo Wolmer¹, Tali Versano-Eisman¹, Nathaniel Lao¹
¹Baruch Ivcher School of Psychology, Herzlyia Interdisciplinary Center, Herzlia, Israel, ²Yale Child Study Center, New Haven, USA, ³Donald J. Cohen and Irving B. Harris Resilience Center, Tel Aviv, Israel, ⁴Sackler Faculty of Medicine, Tel-Aviv University, Tel Aviv, Israel

Open Paper Session: Treatment of OCD
08:30-10:00 Room 7

Optimizing Inpatient Treatment for OCD - Improvement by Enhancing Exposure Therapy
Tuesday, September 1

Christian Stierle
Schön Klinik, Bad Bramstedt, Germany

Randomized-Controlled Trial of a Newly-Developed Self-Help Approach “MyMCT” for Obsessive Compulsive Disorder

Marit Hauschildt, Steffen Moritz
University Medical Center Hamburg-Eppendorf, Hamburg, Germany

Exposure Treatment for Patient with Co-Morbid Combat Related PTSD and OCD

Nilsa Nacasch1, Lilach Rachamim2
1Tel-Aviv Brull Community Mental Health Center, Tel-Aviv, Israel, 2Interdisciplinary Center, Herzliya, Israel

What Is Broken with ExRP for OCD Treatment and How to Fix It

Avigdor Bonchek
Hebrew Univ Soc Work retired, Jerusalem, Israel

Open Paper Session: Dissemination of CBT/EBP

08:30-10:00 Room 8

Key Training and Clinical Factors and Outcomes Associated with the National Dissemination of Evidence-Based Psychological Treatments in the U.S. Department of Veterans Affairs Health Care System

Bradley Karlin1,2
1Education Development Center, Inc., New York, NY, USA, 2Johns Hopkins University, Bloomberg School of Public Health, Baltimore, MD, USA

How Can You Know That Your CBT Works? A Hierarchical Model for Using Cochrane Reviews to Estimate the Effect of CBT

Amit Saad1, Daniel Yekutieli2
1Shalvata Mental Health Center, Hod Hasharon, Israel, 2Tel Aviv University, Department of Statistics and Operations Research, Tel Aviv, Israel

Defining an International Standardized Set of Patient-Centered Outcome Measures for Depression & Anxiety

David M. Clark1, Alexander Obbarius2, Lisa van Maasakkers3, Caleb Stowell3, Matthias Rose1
1University of Oxford, Oxford, Oxford, UK, 2Department of Psychosomatic Medicine, Center for Internal Medicine and Dermatology, Charité Universitätsmedizin Berlin, Berlin, Germany, 3International Consortium for Health Outcomes Measurement, Cambridge, Massachusetts, USA

Economic Evaluations of Internet Interventions for Mental Health: A Systematic Review

Tara Donker1,2, Matthijs Blankers3, Erik Hedman4, Bjann Ljotsson1, Katherine Petrie2, Helen Christensen2
1Department of Clinical Psychology, VU University, Amsterdam, The Netherlands, 2Black Dog Institute, Sydney, Australia, 3Trimbos Institute, Utrecht, The Netherlands, 4Department of Clinical Neuroscience, Stockholm, Sweden

Clinical Roundtable: TEAM Therapy: A New Improvement to Better Do Old Cognitive Therapy

08:30-10:00 Room 9

TEAM Therapy for Chronic Pain

Gila Gail Tortman
Psagot Institute & Cramim Pain Clinic Clalit Health Services, Tel Aviv, Israel

Caricature Centred CBT in TEAM Therapy

Nir Essar
Psagot Institute, Tel Aviv, Israel

Agenda Setting for a Social Phobia/Test Anxiety Patient

Yigal Sharon
Psagot Institute, Tel Aviv, Israel

Team Therapy Applied to the ER (Emergency Room) Improving Achievement Levels in a Single Session

Shlomo Roll
Rabin Medical Center & Psagot Institute, Tel Aviv, Israel
Skills Session: Psychotherapy for Minorities
08:30-10:00 Room 10
Psychotherapy for Ethnic Minorities: Is There a Difference?
Wouter Stassen
OPZC Rekem, Lanaken, Belgium

Skills Session: Group Schema Therapy for Couples
08:30-10:00 Room 11
Group Schema Therapy for Couples
Paul Kasyanik, Elena Romanova, Joan Farrel, Ida Shaw
1 S-Petersburg Polytechnic University, S-Petersburg, Russia, 2 S-Petersburg State University, S-Petersburg, Russia, 3 Schema Therapy Institute Midwest, Indianapolis, USA

Workshop: Treating Social Anxiety Disorder
08:30-12:30 Room 12
Treating Social Anxiety Disorder
Stefan G. Hofmann
Boston University, Boston, MA, USA

Workshop: Spirituality and CBT
08:30-12:30 Room 13
How to Conceptualize and Assess for Spirituality/Religion in Cognitive Behavioral Therapy
David Rosmarin
McLean Hospital, Belmont, MA, USA

Keynote: Alean Al-Krenawi
09:00-10:00 Room 2
The Impact of Political Violence on Psychosocial Functioning of Individuals and Families: The Case of the Palestinian Adolescents
Alean Al-Krenawi
Achva Academic College, Ben-Gurion University of the Negev, Beer Sheva, Israel

Open Paper Session: ADHD: Compulsive Internet Use
09:00-10:00 Room 3
Going Beyond Lapses of Attention: Exploring Decision Mechanisms Underlying Increased Reaction-Time Variability in Patients with Attention-Deficit/Hyperactivity Disorder
Nitzan Shahar, Andrei R. Teodorescu, Anat Karmon-Presser, Gideon E. Anholt, Nachshon Meiran
1 Ben-Gurion University of the Negev, Beer Sheva, Israel, 2 Indiana University, Indiana, USA

The Summer Therapy Camp for Children with ADHD
Lyset Babocsai, Eva Vonderlin, Wolfgang Rauch, Sabina Pauen
University of Heidelberg, Heidelberg, Germany

Evaluation and Effectiveness of an Integrated Diagnostic, Counseling and Treatment Network for Compulsive Internet Use
Eva Vonderlin, Katajun Lindenber, Ulrich Wehrmann
1 University of Heidelberg, Heidelberg, Germany, 2 University of Education, Heidelberg, Germany, 3 Local Health Authority, Rhein-Neckar-Kreis, Germany

PROTECT: A New Cognitive-Behavioral Approach to Prevention of Compulsive Internet Use in At-Risk High-School Students
Katajun Lindenber
University of Education, Heidelberg, Germany
Coffee
10:00-10:30

Keynote: Peter J. de Jong
10:30-11:30  Room 1
The Dirt Road to Psychopathology: Disgust-Based Mechanisms and Their Relevance for CBT
Peter J. de Jong
University of Groningen, Groningen, The Netherlands

Symposium: The Mental Health Impact of Exposure to Conflict and Displacement: Psychological Symptoms and Treatment Interventions
10:30-12:00  Room 2
Emotion Regulation in Traumatized Refugees: An Experimental Investigation
Angela Nickerson1, Ben Garber1, Belinda Liddell2, Brett Litz2, Stefan Hofmann2, Anu Asnaani3, Richard Bryant
1UNSW Australia, Sydney NSW, Australia, 2Boston University, Boston MA, USA, 3University of Pennsylvania, Philadelphia, USA
Treating Childhood Posttraumatic Stress in Following Disaster and Conflict
Richard Bryant, Katie Dawson, Nexh Morina
University of New South Wales, Sydney/NSW, Australia
Obsessive-Compulsive and Posttraumatic Stress Symptoms Among Civilian Survivors of War
Naser Morina1,2, Michael Ruler1,2, Richard Klaghofer1,2, Julia Mueller3, Chantal Martin-Sölch3, Vita Sulaj1, Ulrich Schnyder1,2
1Department of Psychiatry and Psychotherapy, University Hospital Zurich, Zurich, Switzerland, 2University of Zurich, Zurich, Switzerland, 3Division of Clinical and Health Psychology, Department of Psychology, University of Fribourg, Fribourg, Switzerland, 4Psychiatric Hospital Königsfelden, Brugg, Switzerland, 5Psychiatric Services Thurgau, Münsterlingen, Switzerland
The Relationship of Somatization and PTSD Symptom Cluster and Depression amongst Tortured Refugees
Alexa Kuenburg1, Naser Morina1, Ulrich Schnyder1, Richard Bryant2, Angela Nickerson2, Matthis Schick2
1Zurich University Hospital, Zurich, Switzerland, 2University of New South Wales, Sydney, Australia

Symposium: CBT and Psychophysiological Interventions in ADHD
10:30-12:00  Room 3
A Multi-National Cooperation Between Therapists in Cyprus, Israel and the USA
Alexis Mouzoriss1, Edna Tune1, Bonny Beurett2
1Private Practice, Limasol, Cyprus, 2Private Practice, Herzelia, Israel
The Value of Integrating Biofeedback into CBT Treatment of Patients Diagnosed with ADHD
Iris Berkooz
Private Practice, Ramat Gan, Israel
The Role of Contextual Feedback in Treatment of ADHD
Yossi Ehrenreich
Private Practice, Modiin, Israel
Operant Conditioning of Neuronal and Cardial Performance as an Adjunct Treatment for ADHD
Asaf Gitler
Rolnick Clinic, Ramat Gan, Israel

Symposium: Mind, Body and Control Processes: Self Regulatory Mechanisms, Dimensional Psychopathology and Intervention
10:30-12:00  Room 4
Mindfulness-Based Emotion Regulation: Theoretical and Neural Mechanisms
Hedy Kober
Yale University, Department of Psychiatry and Psychology, New Haven, CT, USA
Self-Critical Vulnerability for Functionally Somatic Conditions
Golan Shahar
Ben Gurion University of the Negev, Department of Psychology, Beer Sheva, Israel
The Function of Autonomy Support or Control on Diastolic Blood Pressure Controlling for Attachment Style
Netta Weinstein
University of Cardiff, Department of Psychology, Wales, UK
Emotion Regulation Goals in Depression
Maya Tamir, Yael Millgram
Hebrew University, Department of Psychology, Jerusalem, Israel
The Effect of Different Embodied on Self Regulation
Idit Shalev
Ben Gurion University of the Negev, Department of Education, Beer Sheva, Israel

Symposium: Spotlight on the Self: Understanding Social Anxiety Disorder through the Lens of the Self
10:30-12:00 Room 5
Positive Images and Self-Evaluation in Social Anxiety
Lusia Stopa
University of Southampton, Southampton, UK
Social Anxiety Disorder and the Authentic Self
Lynn Alden1, Leili Plasencia2, Charles Taylor3
1University of British Columbia, Vancouver, B.C., Canada, 2Michael E. DeBakey VA Medical Center, Houston, TX, USA, 3University of California, San Diego, San Diego, USA
Inflated Costs of Blunders in Social Anxiety Disorder: Investigating the Role of Perceived Self-Flaws
David Moscovitch, Stephanie Waechter, Tatiana Bielak
University of Waterloo, Waterloo, Ontario, Canada
Self-Evaluations in Social Anxiety Disorder with and without Comorbid Depression
Eva Gilboa-Schechtman1, Tamar Livne1, Hadar Keshet1, Reut Zabag2, Haggai Hermesh3, Sofi Marom4
1Bar-Ilan University, Ramat-Gan, Israel, 2The Hebrew University, Jerusalem, Israel, 3Geha Mental Health Center, Petach Tikva, Israel

Symposium: Understanding Pain in All Its Complexity: A Motivational Perspective
10:30-12:00 Room 6
A Motivational Approach to Sexual Pain
Marieke Dewitte
Maastricht University, Maastricht, The Netherlands
Resilience in the Face of Chronic Pain: Evidence Supporting the Role of Flexible Goal Adjustment
Marjolein Hanssen
Maastricht University, Department of Clinical Psychological Science, Maastricht, The Netherlands
A Motivational Account of Attention to Pain Signals: Novel Insights and Challenges
Martien Schrooten
School of Law, Psychology and Social Work, Örebro, Sweden
The Emotion Regulatory Function of Parental Attention to Child Pain and Associated Implications for Parental Pain Control Behaviour
Tine Vervoort1, Dimitri Van Ryczeghem1, Zina Trost2
1Ghent University, Ghent, Belgium, 2University of North Texas, Texas, USA

Symposium: Neurocognitive Deficits in Obsessive Compulsive Disorder (OCD) and Current Theories of OCD
10:30-12:00 Room 7
Control over Unwanted Behaviors in OCD Patients
Gideon Anholt1, Eyal Kalanthroff1,2, Avishai Henik1
1Ben Gurion University of the Negev, Be’er Sheva, Israel, 2Columbia University, New York, USA
Enhanced Action Tendencies in Obsessive-Compulsive Disorder: An ERP Study
Andrea Berger, Gideon Anholt, Adi Dayan
Ben Gurion University of the Negev, Beer Sheva, Israel

Examining the Role of Working Memory and Perceptual Processing in Obsessive-Compulsive Disorder Using Ex-Gaussian Distribution Fitting and Evidence Accumulation Modeling
Nitzan Shahar, Andrei R. Teodorescu, Gideon E. Anholt, Anat Karmon-Presser, Nachshon Meiran
1Ben-Gurion University of the Negev, Beer Sheva, Israel; 2Indiana University, Indiana, USA

Affective Error Monitoring System Dysfunction in Obsessive Compulsive Disorder (OCD) Patients: An Event Related Potential - dTMS Study
Lior Carmi, Uri Al Yagon, Avraham Zangen, Joseph Zohar, Reuven Dar
1Tel Aviv University, Tel Aviv, Israel; 2Ben Gurion University, Beer Sheva, Israel

Inhibiting Uncertainty: Priming Inhibition Promotes Reduction of Uncertainty
Omer Linkovsky, Eyal Kalanthroff, Avishai Henik, Gideon Anholt
1Ben Gurion University of the Negev, Be’er Sheva, Israel; 2Columbia University, New York, USA; 3Sheba Medical Center, Tel Hashomer, Israel

Panel Discussion: Evidence-Based Psychotherapies around the World
10:30-12:00 Room 8
Dissemination and Implementation of Evidence-Based Psychotherapies in Health Care Systems around the World
Bradley Karlin, David Clark, Edna Foa, David Barlow
1Education Development Center, Inc., New York, NY, USA; 2Johns Hopkins University, Bloomberg School of Public Health, Baltimore, MD, USA; 3University of Oxford, Oxford, UK; 4University of Pennsylvania, Philadelphia, PA, USA; 5Boston University, Center for Anxiety and Related Disorders, Boston, MA, USA

Skills Session: Emotional Regulation in Children
10:30-12:00 Room 9
Emotional Regulation in Children: A Rational-Emotive Behavioral 10-Step Model
Nomi Dothan
Bar Ilan University, Ramat Gan, Israel

Skills Session: The Defining Characteristics of Dialectical Behavior Therapy (DBT)
10:30-12:00 Room 10
The Defining Characteristics of Dialectical Behavior Therapy (DBT): Learn DBT’s Comprehensive and Fluid Model for Treating Borderline Personality Disorder (BPD), Suicidality, and Self-Injurious Behavior
Shamshy Schlager
1Cognitive Behavioral Associates, Great Neck, NY, USA; 2Long Island University--Post, Brookville, NY, USA

Skills Session: Schema Therapy for Severe Personality Disorders
10:30-12:00 Room 11
Schema Therapy, the Emotion Focused Approach for Severe Personality Disorders
Alessandro Carmelita
Italian Society of Schema Therapy, S.I.S.T., Sassari, Italy

Keynote: Mauro Galluccio
12:00-13:00 Room 1
Diplomacy Meets Science: Conflict Transformation in the Age of Uncertainty
Mauro Galluccio
EANAM, Brussels, Belgium
Keynote: Tammie Ronen  
12:00-13:00  Room 2  
Increasing Positive Emotion among Children in Therapy  
Tammie Ronen  
Tel Aviv University, Tel Aviv, Israel

Keynote: Ronald M. Rapee  
12:00-13:00  Room 3  
Delivering Cost-Effective Care to Young People with Anxiety Disorders  
Ronald M. Rapee  
Macquarie University, Sydney, Australia

Lunch  
13:00-14:00

Keynote: David M. Clark  
14:00-15:00  Room 1  
Disseminating Effective Psychological Therapies for Mental Health Problems: Science, Economics & Politics  
David M. Clark  
University of Oxford, Oxford, UK

Keynote: Yona Teichman  
14:00-15:00  Room 2  
A Cognitive-Systemic Perspective for Understanding and Treating Depression  
Yona Teichman1,2  
1Tel-Aviv University, Tel-Aviv, Israel, 2Interdisciplinary Center (IDC), Herzeliya, Israel

Symposium: The Alliance-Outcome Correlation across Settings and over Time  
14:00-15:30  Room 3  
Development of the Alliance in CBT for the Anxiety Disorders: Replication & Extension to Social Anxiety Disorder  
Yogev Kivity, Asher Strauss, Lior Cohen, Michal Weiss, Yoni Elizur, Jonathan Huppert  
Department of Psychology, Hebrew University of Jerusalem, Jerusalem, Israel

Working Alliance in Internet Treatments - Is It Possible?  
Gerhard Andersson  
Department of Behavioural Sciences and Learning, Linköping University, Linköping, Sweden

Does Psychometric Feedback Effects the Therapeutic Alliance in CBT?  
Wolfgang Lutz, Julian Rubel, Dirk Zimmermann, Anne-Katharina Schiefele  
University of Trier, Trier, Germany

One Size Does Not Fit All: Examining Heterogeneity and Identifying Moderators of the Alliance-Outcome Association  
Sigal Zilcha-Manor1, Paula Errázuriz2  
1University of Haifa, Haifa, Israel, 2Pontificia Universidad Católica de Chile, Santiago, Chile

Symposium: Embodiment and Mental Disorders  
14:00-15:30  Room 4  
Our Body Affects What We Remember - The Effects of Bodily Manipulation on Negative Memory Bias  
Johannes Michalak1, Katharina Rohde3, Judith Mischna4, Nikolaus Troje4  
1Witten/Herdecke University, Witten, Germany, 2Ruhr-University, Bochum, Germany, 3University of Hildesheim, Hildesheim, Germany, 4Queen’s University, Kingston, Germany
Gait and Activity Patterns in Depression
Helen Niemeyer¹, Dirk Adolph², Wolfgang Tschacher³, Johannes Michalak⁴
¹University Witten/Herdecke, Witten, Germany, ²Ruhr-University Bochum, Bochum, Germany, ³University Bern, Bern, Switzerland

Is Mobility Involved in Seasonal Variation in Mental Health?
Philippe Delespaul¹,²
¹Maastricht University, Maastricht, Limb, The Netherlands, ²Mondriaan, Heerlen, Limb, The Netherlands

Nonverbal Synchrony in Psychotherapy and Psychopathology
Wolfgang Tschacher
University Hospital of Psychiatry and Psychotherapy, Bern, Switzerland

Symposium: The Processing of Nonverbal Social Cues: Above and Beyond Emotional Facial Expressions
14:00-15:30 Room 5

Up Your Nose? The Influence of Nasal Oxytocin on Face Processing in Social Anxiety
Wolf-Gero Lange¹, Désirée Zieba², Markus Heinrichs²,³, Frank Vitinius², Alexander Gerlach²
¹Radboud University Nijmegen, Behavioural Science Institute, Nijmegen, Netherlands, Germany, ²University of Cologne, Department of Psychiatry and Psychotherapy, Cologne, Germany, ³University of Freiburg, Department of Psychology, Freiburg, Germany

The Face Is Not a Canvas: How Facial Expressions Interact with Facial Appearance
Ursula Hess
Humboldt University, Department of Psychology, Berlin, Germany

Social Anxiety and the Processing of Facial, Vocal and Facial/Vocal Nonverbal Social Signals
Virginie Peschard¹,², Eva Gilboa-Schechtman¹, Pierre Philippot²
¹Bar Ilan University, Department of Psychology and Gonda Multidisciplinary Brain Research Center, Ramat Gan, Israel, ²Catholic University of Louvain, Psychological Sciences Research Institute, Louvain-la-Neuve, Belgium

Symposium: Assessment and Therapeutic Approaches in Schema Therapy with Children and Adolescents
14:00-15:30 Room 6

DISC - Duesseldorfer Illustrated Schema Questionnaire for Children
Christof Loose, Frank Meyer, Reinhard Pietrowsky
Heinrich-Heine-University Exp. Psychology Dept. Clinical Psychology, Duesseldorf, Germany

Therapist Interventions and Mode Changes within Schema Therapy Sessions for Avoidant Personality Disorder
Ofer Peled¹,², Rinaty Mittelman-Kirshenfeld³, Eran Bar Kalifa¹, Eshkol Rafaeli¹
¹Bar Ilan University, Ramat Gan, Israel, ²Schema Therapy Center, Raanana, Israel

The Contribution of Using YSQ in Adolescent's Anxiety Disorder Assessment in Order to Give Optimal Treatment
Nava Wald, Mayan Ziskind
Ziv Hospital, Zfat, Israel

Schema Therapeutic Diagnostics with Pre-School Children
Tanya Schmaal¹, Susan Simpson²
¹Department of Community and Social Inclusion, Disability Services, Gawler, Australia, ²Unisa, Magill, Australia

Individual and Group Schema Therapy of a 10-Year-Old Girl with a Predominant Schema of Entitlement-Grandiosity
Maria Galimzyanova
Saint-Petersburg State University, Saint-Petersburg, Russia
Symposium: Intrusive Thoughts and Their Content: A Cross Cultural, Transdiagnostic Perspective
14:00-15:30 Room 7

Relationship Related Intrusive Thoughts: An Interview Based Study
Guy Doron¹, Einat Karp¹, Danny Derby²
¹Interdisciplinary Center (IDC), Herzliya, Israel, ²Cognetica – The Israeli Center for Cognitive Behavioral Therapy, Tel Aviv, Israel

Repugnant Thoughts: An International Perspective on Distressing Sexual and Religious Mental Intrusions
David Clark¹, Jon Abramowitz², Gillian M. Alcolado³, Pino Alonso⁴, Amparo Belloch⁵, Martine Bouvard⁶, Meredith E Coles⁷, Guy Doron⁸, Hector Fernández-Álvare⁹, Gemma García-Soriano⁵, Marta Ghisi¹⁰, Beatriz Gomez⁹, Mujgan Inozu¹¹, Richard Moulding¹², Adam S Radomsky³, Giti Shams¹⁴, Claudio Sica¹⁵, Gregoris Simos¹⁶, Wing Wong¹⁷
¹University of New Brunswick, New Brunswick, Canada, ²Department of Psychology, University of North Carolina at Chapel Hill, Chapel Hill, USA, ³Department of Psychology, Concordia University, Montreal, Canada, ⁴Department of Psychiatry, Bellvitge Hospital, Barcelona, Spain, ⁵Department of Personality Psychology, University of Valencia, Valencia, Spain, ⁶Department of Psychology, University of Savoie, Chambéry, France, ⁷Department of Psychology, Binghamton University, Binghamton, USA, ⁸Department of Psychology, Interdisciplinary Center, Herzliya, Israel, ⁹Aigle Foundation, Buenos Aires, Argentina, ¹⁰Department of General Psychology, University of Padova, Padova, Italy, ¹¹Department of Psychology, Abant Izzet Baysal University, Bolu, Turkey, ¹²Department of Psychology, Deakin University, Melbourne, Australia, ¹³Brain and Psychological Sciences Research Centre, Swinburne University of Technology, Melbourne, Australia, ¹⁴Department of Psychiatry, Tehran University, Medical Science, Tehran, Iran, ¹⁵Department of Human Health Science, University of Firenze, Firenze, Italy, ¹⁶Department of Educational and Social Policy, University of Macedonia, Thessaloniki, Greece, ¹⁷Departments of Psychiatry and Psychology, Chinese University of Hong Kong, Hong Kong, Hong Kong

Intrusive Thoughts in Obsessive Compulsive Patients and Resistant Obsessive Compulsive Patients
Martine Bouvard
University of Savoie, Savoie, France

Unwanted Intrusive Cognitions: A Transdiagnostic Variable
Amparo Belloch, Gemma García-Soriano, M Roncero, M Giraldo, S Arnáez, G Fornés
Universitat de València, València, Spain

Transdiagnostic Intrusive Thoughts, Appraisals and Control Strategies as Endophenotypes of Obsessive-Compulsive Disorder
Pino Alonso¹,², Amparo Belloch³, Cinto Segalàs¹, Gemma García-Soriano³, Clara López-Solà¹, Eva Real¹, José M Menchón¹,²
¹OCD Clinical and Research Unit, Department of Psychiatry, Hospital de Bellvitge, Hospital de Llobregat, Barcelona, Spain, ²Department of Clinical Sciences, Bellvitge Campus, University of Barcelona, Hospital de Llobregat, Barcelona, Spain, ³Facultad de Psicología, Universidad de Valencia, Valencia, Spain

Symposium: Improving Psychotherapy for Psychotic Patients
14:00-15:30 Room 8

Training Chronic Patients to Help Other Patients: Learning the Motivational Cognitive Errors and the Specificity of Mental Disability
Tammy Essar
Psagot Institute, Tel Aviv, Israel

Psagot Psychotic Normalization Procedure (PPNP): A Family Intervention
Nir Essar
Psagot Institute, Tel Aviv, Israel

The BACH (Behavioural and Cognitive Holtering) System
Merav Barkavi-Shani
Psagot Institute, Tel Aviv, Israel
Clinical Roundtable: Applying the Unified Protocol in Israel: Variations on Barlow’s Unified Protocol  
14:00-15:30 Room 9  
Introducing the Unified Protocol to Israeli Psychotherapist  
Arnon Rolnick  
Private Practice, Ramat Gan, Israel  
The Unified Protocol at Work: Some Cases from a Private Clinic in Israel  
Guy Ulezry, Nilly Zohar, Arnon Rolnick  
Private Practice, Ramat Gan, Israel

Skills Session: CBT & Stress-Pain Related Disorders  
14:00-15:30 Room 11

Workshop: Cognitive Therapy for BDD  
14:00-17:30 Room 10  
Cognitive Therapy for Body Dysmorphic Disorder  
Ulrich Stangier, Viktoria Ritter  
Goethe University Frankfurt, Frankfurt, Germany

Workshop: Internet CBT in Practice  
14:00-17:30 Room 12  
The Evidence Is There but How Is It Done? Internet CBT in Practice  
Gerhard Andersson  
1Linköping University, Linköping, Sweden, 2Karolinska Institute, Solna, Sweden

Workshop: Treating Complex Cases of OCD  
14:00-17:30 Room 13  
Treating Complex Cases of OCD: How to Enhance Engagement and Case Formulation  
Christine Purdon  
University of Waterloo, Waterloo, ON, Canada

Coffee  
15:30-16:00

Keynote: Reuven Dar  
16:00-17:00 Room 1  
Seeking Proxies for Internal States: Exploring the Mechanisms of Doubt and Its Resolution in Obsessive-Compulsive Disorder  
Reuven Dar  
Tel Aviv University, Tel Aviv, Israel

Keynote: David Greenberg  
16:00-17:00 Room 2  
Providing Mental Health Care for the Ultraorthodox Patient  
David Greenberg  
1Herzog Hospital, Jerusalem, Israel, 2Hebrew University Jerusalem, Jerusalem, Israel

Symposium: Metacognitive Theory and Therapy  
16:00-17:30 Room 3
Metacognition, Responsibility, and Perfectionism in Obsessive Compulsive Disorder  
Torun Grotte, Stian Solem, Samuel Myers, Patrick Vogel, Ismail Guzey, Bjarne Hansen  
1St Olav University Hospital, Trondheim, Norway, 2Norwegian University of Science and Technology, Trondheim, Norway, 3Israel Center for the Treatment of Psychotrauma, Jerusalem, Israel, 4University of Bergen, Bergen, Norway  
Metacognitive Beliefs Moderate the Relationship between Catastrophic Misinterpretation and Health Anxiety  
Robin Bailey, Adrian Wells  
1University of Central Lancashire, Lancashire, UK, 2University of Manchester, Manchester, UK  
Metacognitive Therapy: The Israeli Experience  
Rosanna Black Josman, Basma Simaan, Noa Weinstein  
Karmiel Mental Health Clinic, Mazor Mental Health Center, Haifa, Israel  
Early Trauma, Negative Affect, and Anxious Attachment: The Role of Metacognition  
Samuel Myers, Adrian Wells  
1Israel Center for the Treatment of Psychotrauma, Jerusalem, Israel, 2University of Manchester, Manchester, UK  

Symposium: Emotion Regulation in CBT: From Translational Science to Therapeutic Interventions  
16:00-17:30 Room 4  
Immediate and Delayed Regulatory Effects of Specifying Anxious Information in Clinical Populations  
Pierre Philippot  
Catholic University of Louvain, Louvain-la-Neuve, Belgium  
Changes in Emotion Regulation during Cognitive-Behavioral Therapy for Social Anxiety Disorder  
YogeV Klvity, Lior Cohen, Yoni Elizur, Michal Weiss, Jonathan Huppert  
Department of Psychology, Hebrew University of Jerusalem, Jerusalem, Israel  
Emotion Regulation across Psychopathology  
Carolin M. Wirtz, Anna Radkovsky, Sandra Schlicker, Monika Haeupler, Regina Hoefer, Stefan Hackenberg, Nina Schoeler, Anne-Kathrin Helten, Alexandra Wurmer, Matthias Berking  
1University of Erlangen-Nuremberg, Erlangen, Germany, 2University of Marburg, Marburg, Germany  
The Efficacy of the Affect Regulation Training in Major Depressive Disorder - First Results of a Randomized Controlled Trial  
Matthias Berking, Anna Radkovsky, Judith Kowalsky, Carolin M. Wirtz, Regina Hoefer, Eva Kreis  
1University of Erlangen-Nuremberg, Erlangen, Germany, 2University of Marburg, Marburg, Germany  

Symposium: Anxiety and Meaning: Intervention Studies by Mixed Method Research in the Clinic  
16:00-17:30 Room 5  
Why Do Patients Think They Develop Obsessive-Compulsive Disorder? A Qualitative Study  
Aashild Haaland, Gunvor Launes, Vegard Ø. Haaland, Joe Himle, Liv Walseth  
Sorlandet Hospital, Kristiansand, Norway  
Evaluation of a Low Intensity Early CB Intervention for Traumatized Adolescents  
Solfrid Raknes, Kari Dyregrov, Ståle Pallesen, Asle Hofart, Shirley Stormyren, Bente Haugland  
1Uni Research Health, Bergen, Norway, 2Center for Crisis Psychology, Bergen, Norway, 3University of Bergen, Bergen, Norway, 4Modum Bad / University of Oslo, Oslo, Norway, 5Children’s House, Oslo, Norway  
Evaluation of a Low Intensity Early CB Intervention for Traumatized Adolescents - Part B  
Aud Aamodt, Solfrid Raknes  
7Children’s House, Oslo, Norway, 2Uni Research Health, Bergen, Norway  
Evaluation of a Low Intensity Early CB Intervention for Traumatized Adolescents - Part C  
Shirley Stormyren, Solfrid Raknes  
7Children’s House, Oslo, Norway, 2Uni Research Health, Bergen, Norway  

Symposium: Prevention, Guided Self-Help and Treatment of Children with Disruptive Behavior Problems  
16:00-17:30 Room 6
Ten Year Follow-Up of a Randomized Controlled Trial of Triple P Group for Parent and Child Variables  
Kurt Hahlejeg, Sören Kliem, W Schulz, D Hosser, T Zimmermann  
University of Braunschweig, Institute of Psychology, Braunschweig, Germany

Efficacy, Effectiveness and One-Year Stability of Self-Help Interventions for Parents of Children with ADHD and Other Externalizing Behavior Problems  
Christopher Hautmann¹, Christina Dose², Manfred Döpfner¹,²  
¹School of Child and Adolescent Cognitive Behavior Therapy at the University of Cologne, Cologne, Germany, ²Department of Child and Adolescent Psychiatry at the University of Cologne, Cologne, Germany

Effects of Cognitive Behavioral Play Training for Preschool Children with ADHD  
Tanja Wolff Metternich-Kaizman  
Department of Child and Adolescent Psychiatry at the University of Cologne, Cologne, Germany

Symposium: An Inference Based Approach (IBA) to OCD across Symptom Subtypes: Recent Developments and Mechanisms of Change  
16:00-17:30 Room 7

Review of the Inference Based Approach to Treatment of OCD  
Kieron O'Connor, Frederick Aardema  
University of Montreal, Montreal, Canada

Results of an Open Trial Investigating an Inference-Based Approach to OCD across Symptom Subtypes and Treatment Resistant Cases  
Frederick Aardema, Kieron O'Connor  
University of Montreal, Montreal, Canada

Inference-Based Therapy (IBT) and Cognitive-Behavioural Therapy (CBT) for OCD - Integrative and Synergetic Potential  
Jan Van Niekerk  
Fulbourn Hospital, Cambridge, UK

The Role of Rear of Self-Concerns in OCD  
Gabriele Melli¹, Frederick Aardema², Richard Moulding³  
¹University of Pisa, Pisa, Italy, ²University of Montreal, Montreal, Canada, ³Deakin University, Burwood, Australia

Symposium: Preventive Interventions for the Masses: Out of the Couch and into the Community  
16:00-17:30 Room 8

Empowering Teachers with Cognitive-Behavioral Skills to Serve as Clinical Mediators in Enhancing the Resilience of Children to Trauma  
Leo Wolmer¹,², Daniel Hamiel¹,², Tali Versano-Eisman¹, Maayan Gotgeld¹, Nathaniel Laor¹  
¹Cohen-Harris Resilience Center, Tel-Aviv, Israel, ²Herzlia Interdisciplinary Center, Herzlia, Israel

Preventive Mental Health Intervention with the Elderly  
Daniel Hamiel¹,², Leo Wolmer¹,², Yuval Friedman¹, Tali Versano-Eisman¹, Nathaniel Laor¹  
¹Cohen-Harris Resilience Center, Tel-Aviv, Israel, ²Herzlia Interdisciplinary Center, Herzlia, Israel

The Norwegian Universal Preventive Program for Social Anxiety (NUPP-SA): How it Works and Why it Works!  
Tore Aune¹, Tore C. Stiles²  
¹University College of Nord-Trøndelag, Norwegian Directorate for Children, Youth and Family Affairs, Trondheim, Norway, ²Department of Psychology Norwegian University of Science and Technology,
Tuesday, September 1

Trondheim, Norway
Biofeedback Assisted Mental Gym™ Project with Military Personnel
Yuval Oded
1
Haifa University, Haifa, Israel, 2Gadot Center - Therapy for Anxiety and Stress, Tel-Aviv, Israel

Clinical Roundtable: Obesity and CBT – Do We, CBT Specialists, Have a Good Answer to a Widespread Problem in Public Health, Namely Overweight and Obesity?
16:00-17:30 Room 9
Morbid Obesity and Bariatric Patients: "What to Do When the Basics Don't Work"
Zipi Haetzni
University of Haifa, Haifa, Israel
Strategies and Tools of CBT in an Integrated Program for Balanced Nutrition and Weight Loss in Groups of Israeli Arabs and Orthodox Jews
Ruth Wiñar
Center for Family Life Preparation, Herzliya, Israel
Implementation of Various CBT Tools for Eating Behaviors and Disorders
Moshe Mishali
University of Haifa, Haifa, Israel

Skills Session: Games to Provide EBT for Children and Families Impacted by Sexual Abuse
16:00-17:30 Room 11
Using Structured Therapeutic Games to Provide Evidence-Based Treatment for Children and Families Impacted by Sexual Abuse
Khaya Eisenberg1, Leah Frenkier2
1Bartky Healthcare, Livingston, NJ, USA, 2NYU Langone Medical Center, Hackensack, NJ, USA

Keynote: Edna B. Foa
17:00-18:00 Room 1
Disseminating Evidence-Based Treatments within Systems and across Countries: Lessons Learned from Prolonged Exposure Therapy for PTSD
Edna B. Foa
University of Pennsylvania, Philadelphia, PA, USA

Keynote: David Brent
17:00-18:00 Room 2
CBT for Depressed and Suicidal Adolescents: In Search of Effective and Personalized Treatments
David Brent
University of Pittsburgh School of Medicine, Pittsburgh, PA, USA

Poster Session
18:00-19:00

Night Tour of Jerusalem
19:30
Wednesday, September 2

Open Paper Session: CBT and Trauma in Areas of Conflict throughout the World 2
08:00-09:00 Room 2

The Relation between Ulysses Syndrome, Depression Level & Cognitive System of the Latin-American Immigrant Women in Italy

Leticia Marin
1 Universidad Nacional Autonoma de México, México City, Mexico, 2 Ass. Solidarietà con l’America Latina - SAL, Rome, Italy

Evidence-Based Interventions for the Well-Being of Colombian Victims of Armed Conflict: A Proposed Plan of Action

Leonidas Castro-Camacho1,2, Fabio Idrabo2,3
1 Psychology Department, University of los Andes, Bogotá, Colombia, 2 Centre for Emotional Health, University of los Andes, Bogotá, Colombia, 3 Psychology Department, Boston University, Boston, USA

When Hope and Grief Intersect: Rates and Risk of Prolonged Grief Disorder Among Bereaved Individuals and Relatives of Disappeared People in Colombia

Carina Heeke1, Nadine Stammel1, Christine Knaevelsrud1
1 Freie Universität, Berlin, Germany, 2 Berlin Center for Torture Victims, Berlin, Germany

Adlerian and Cognitive Elements for Psychotherapy with Migrants Forced to Return to Their Home Country

Abdelhak Elghezouani

Association Appartenances, Lausanne, Switzerland

Symposium: Chronic Health Problems and Rare Neuropsychiatric Disorders
08:00-09:00 Room 3

Chronic Health Problems and Rare Neuropsychiatric Disorders: CBT as an Effective Intervention

Moran Gilad, Sara Freedman
Hadassah University Medical Center, Jerusalem, Israel

Group Therapy for Fibromyalgia Patients

Shiri Ben-Naim1,2, Rena Cooper4,5, Sarah Freedman3
1 Neuropsychiatric Clinic, Hadassah Medical Center, Jerusalem, Israel, 2 Peres Academic Center, Rehovot, Israel, 3 Bar Ilan University, Ramat-Gan, Israel, 4 Clalit Medical Services - Psychiatric Services-Director, Jerusalem, Israel, 5 Hebrew University Faculty of Medicine, Jerusalem, Israel

Symposium: CBT Research and Utilization in China
08:30-10:00 Room 4

Research on the Effect of Brief Cognitive Behavioral Therapy Combined with Treatment as Usual on Schizophrenia in Communities of Beijing, China

Zhan-Jiang Li, Zhi-Hua Guo, Jun-Hua Guo
Department of Clinical Psychology, Beijing Anding Hospital, Capital Medical University, Beijing, China

Effectiveness of Group Cognitive-Behavioral Therapy on Chinese Adolescents with Anxiety Symptoms

Jian-Ping Wang1,2, Yu-Lei Yan1, Miao Tang1
1 School of Psychology, Beijing Normal University, Beijing, China, 2 Department of Clinical Psychology, Capital Medical University, Beijing, China

Shame in Social Anxiety: The Effect of ICBT

Qin-Xue Zhao1, Ming-Yi Qian1, Tomoko Kishimoto1, Yin Yang1, Thomas Berger2, Cheng-Hua Tian3
1 Department of Psychology, Peking University, Beijing, China, 2 Department of Clinical Psychology and Psychotherapy, University of Bern, Bern, Germany, 3 Peking University Institute of Mental Health, Key Laboratory of Mental Health, Peking University, Beijing, China

The Effectiveness of Problem-Solving Therapy Used Among Depressed Callers on Crisis Intervention Hotline

Xianyun Li, Jing An, Baocheng Du, Dong Xu, Liting Zhao, Mei Meng
Beijing Huilongguan Hospital, Beijing Suicide Research and Prevention Center; Capital Medical University, Department of Clinical Psychology, Beijing, China

A Randomized Controlled Study of Medication Combined with Cognitive-Behavioral Therapy and Medication Alone for Chinese Patients with Obsessive-Compulsive Disorder
Fan-Qiang Meng1, Zhan-Jiang Li1, Jia Luo1, Hai-Ying Han1, Fang-Fang Huang1, Wei Yang1, Shu-Ming Yao1, Meng Guo1, Shuai Ren1, Xiao-Jie Yang1, Yue-Qin Huang1
1Department of Clinical Psychology, Beijing Key Lab of Mental Disorders; Beijing Anding Hospital, Capital Medical University, Beijing, China, 2Peking University Institute of Mental Health, Beijing, China

Open Paper Session: Anxiety in Children and Adolescents
08:30-10:00 Room 5

Short Term Interventions for Nighttime Fears of Preschool Children
Michal Kahn1, Alan Apter2, Avi Sadeh1
1Tel Aviv University, Tel Aviv, Israel, 2Schneider Children’s Medical Center, Petach Tikva, Israel

Prolonged Exposure Therapy for Toddlers with Post Traumatic Symptoms
Lilach Rachamim1,2, Izabella Mirochnik3, Elna Yadin1, Nitsa Nacasch4
1Interdisciplinary Center, Herzliya, Israel, 2Donald J. Cohen & Irving B. Harris Resilience Center for Trauma and Disaster Intervention by the Association for Children at Risk, Tel Aviv, Israel, 3Child and Preschool Psychiatric Unit, Ziv Medical Center, Zefat, Israel, 4Brill Community Mental Health Center, Tel Aviv, Israel

Stress and Emotional Distress in Adolescence: The Role of Worry and Rumination
Malin Annilko, Katja Boersma, Maria Tillfors
Örebro University, Örebro, Sweden

Temperament, Parental Emotion Socialization, and Negative Automatic Thoughts as Predictors of Depression and Anxiety Symptoms in Children
Emine Gul Kapci1, Derya Atalan Ergin2, Cemre Erten Tatlif3
1Ankara University, Ankara, Turkey, 2Ankara Provincial Directorate of National Education, Ankara, Turkey

Investigating the Role of Emotion Regulation in Relation to Co-Occurring Pain - Emotional and Interpersonal Problems in Adolescents
Katja Boersma, Ida Flink
Center for Health and Medical Psychology, Örebro University, Örebro, Sweden

Headache and Anxiety Disorder in Adolescents: Treatment Using Transdiagnostic Cognitive Behavior Therapy
Pragya Sharma, Manju Mehta, Rajesh Sagar
All India Institute of Medical Sciences, New Delhi, India

Open Paper Session: New Avenues for Treatment of Depression
08:30-10:00 Room 6

Problem-Solving Therapy Outcomes Vary by Participant Sociodemographic Characteristics
Karen Schmaling
Washington State University, Vancouver, WA, USA

Behavioral Activation vs. Physical Exercise in the Treatment of Mild to Moderate Depression
Per Carlbring1, Markus Nyström2, Philip Lindner1, Christopher Martell1, Lars Forsberg2, Lars Ström1, Gerhard Andersson4,5, Peter Hassmen6
1Department of Psychology, Stockholm University, Stockholm, Sweden, 2Department of Clinical Neuroscience, Karolinska Institutet, Stockholm, Sweden, 3Martell Behavioral Activation Research Consulting and Department of Psychology, University of Wisconsin, Wisconsin, USA, 4Department of Psychology, Umeå University, Umeå, Sweden, 5Department of Behavioural Sciences and Learning, Linköping University, Linköping, Sweden, 6Faculty of Health, University of Canberra, Canberra, Australia

Internet Based CBT for Depression in Primary and Psychiatric Care
Fredrik Holländare1, Anna-Lena Flygare2, Mikael Hasselgren3, Rickard Frejgrim2, Markus Jansson Frömark1, Gerhard Andersson4,5, Ingemar Engström1
1Örebro University, Örebro, Sweden, 2County Council of Värmland, Karlstad, Sweden, 3Stockholm University, Stockholm, Sweden, 4Linköping University, Linköping, Sweden, 5Karolinska Institute, Stockholm, Sweden

Psychological Mindedness and Alexithymia as Predictors of Treatment Outcome in CBT for Depression
Ronit Kishon1,2, Dovid Green1,2, Aditi Sarda1,3, Bryan Cheng1, Melanie Love1, Lupo Geronazzo Alman1,5, Jonathan W. Stewart1,2, Steven D. Hollon4
Combining Mindfulness and Music Listening Techniques in a 10-Week Group Intervention on Remitted Patients with Major Depressive Disorder
Michal Tzur Dachoch, Ehud Bodner
Bar Ilan University, Ramat-Gan, Israel

Open Paper Session: CBT and Medical Issues
08:30-10:00 Room 7

Gefen, A Unique Multicultural, Multimodal (CBT/Mind Body) Fertility Treatment Paradigm
Rhonda Adessky, Karen Friedman
Hadassah University Hospital, Jerusalem, Israel

Use of Self-Regulation Principles to Improve Adolescent Treatment Adherence to the Medical Regimen for Diabetes
Idit Shalev1, Gary Geffken1
1Ben Gurion University, Department of Education and Zlotowski Center of Neuroscience, Beer Sheva, Israel, 2University of Florida, Department of Psychiatry, Gainsville, FL, USA

Psycho-Dermatology CBT for Skin Disorders
Uri Mandelkorn
Hadassah Ein Kerem Hospital, Medical Psychology Unit, Jerusalem, Israel

The Hidden Inner Self Revealed By the Unique Combination of C.B.T and Biofeedback in Therapy
Yigal Gliksman
Sourasky Medical Center, Tel Aviv, Israel

Symposium: Broadening the Scope of Schema Therapy: Snapshots at Novel Implementation Ideas
08:30-10:00 Room 8

Family Conflict Behavior of Adults and Their Early Maladaptive Schemas
Paul Kasyanik1, Elena Romanova2,3
1St. Petersburg Polytechnic University, St.Petersburg, Russia, 2East European Institute of Psychoanalysis, St.Petersburg, Russia, 3St. Petersburg State University, St.Petersburg, Russia

An Introduction to Schema Therapy and its Effectiveness
Eshkol Rafaeli1,2, Ofer Peled3
1Bar-Ilan University, Ramat-Gan, Israel, 2Barnard College, Columbia University, New York, USA

Using Schema Therapy in Patients with Nonpsychotic Forms of Schizophrenia
Alexander Erichev, Olga Shmonina, Vasilii Klaiman
V.M. Bekhterev Psychoneurological Research Institute, St. Petersburg, Russia

Open Paper Session: CBT and Technology: CBT and Phone CBT
08:30-10:00 Room 9

Negative Effects of Internet Interventions: A Qualitative Content Analysis of Patients' Experiences with Treatments Delivered Online
Alexander Rozental1, Johanna Boettcher2, Gerhard Andersson3,4, Brad Schmidt5, Per Carlbring1
1Stockholm University, Stockholm, Sweden, 2Freie Universität Berlin, Berlin, Germany, 3Linköping University, Linköping, Sweden, 4Karolinska Institutet, Stockholm, Sweden, 5Florida State University, Tallahassee, USA

CBTI - Ethical Aspects and Reflections: Are There Negative Aspects of Treatment over the Internet That We Are Not Aware Of?
Elisabet Lannfelt, Louise Högåhl, Andreas Birgegard, Caroline Björck
Karolinska Institutet, Stockholm, Sweden

Treating Procrastination Chat-Based versus Face-to-Face: The Case of Perceived Counselor's Characteristics and Self-Disclosure
Annika Gieselmann, Reinhard Pietrowsky
Heinrich Heine University, Düsseldorf, Germany

Effect of a Telephone-Based Cognitive-Behavioral Therapy on Parenting Stress
Skills Session: DBT Skills-Based Group for Latency Aged Children Suffering from Emotional Dysregulation

08:30-10:00 Room 10

Application of Dialectical Behavior Therapy (DBT) Skills-Based Group for Latency Aged Children Suffering from Emotional Dysregulation

Sharon Lurie, Yael Damri, Helene Sher, Moshe Lachish, Clara Sorek, Rivka Sandro, Shany Manashko Tschechmer
Soroka University Medical Center, Beer-Sheva, Israel

Skills Session: Metacognitive Therapy

08:30-10:00 Room 11

Metacognitive Therapy: An Introductory Workshop

Rosanna Black Josman1, Samuel Myers2
1Mazor Mental Health Center, Haifa, Israel, 2Israel Center for the Treatment of Psychotrauma, Jerusalem, Israel

Workshop: Rational Emotive Behavior Therapy

08:30-12:30 Room 12

The Vigorous and Compassionate Approach of Rational Emotive Behavior Therapy: The Pioneering CBT

Debbie Joffe Ellis
Columbia University TC: Adjunct Professor, New York, N.Y., USA

Workshop: Assessing, Conceptualizing and Treating Core Processes in Anxiety and Depressive Disorders

08:30-12:30 Room 13

Assessing, Conceptualizing and Treating Core Processes in Anxiety and Depressive Disorders in Order to Improve Outcomes: A Practical Clinical Tool to Validly Measure Behaviour, Emotion Regulation, Cognition, Meta-Cognition, and the Self

Pierre Philippot1, Martine Bouvard2,3, Celine Baeyens3, Vincent Dethier2
1Catholic University of Louvain, Louvain-la-Neuve, Belgium, 2University of Grenoble, Grenoble, France, 3University of Savoie, Chambery, France

Keynote: Azucena García-Palacios

09:00-10:00 Room 1

Mixing Realities for Improving Psychological Treatments

Azucena García Palacios
Universitat Jaume I, Castellón, Spain

Open Paper Session: Psychosis: Novel Interventions in CBT

09:00-10:00 Room 2

Addressing the Risks of Being ‘At-Risk': The Effects of Labeling Versus Symptom Severity on Public Attitudes toward Individuals at Risk for Psychosis

Danny Koren, Shulamit Radin-Gilboa, Yulia Libas
University of Haifa, Haifa, Israel
Beyond Symptom Reduction: Using CBT Techniques to Facilitate Recovery among Persons with Serious Mental Illness
Ilanit Hasson-Ohayon, David Roe
1Bar-Ilan University, Department of Psychology, Ramat-Gan, Israel, 2University of Haifa, Department of Community Mental Health, Haifa, Israel

Modifying Electrophysiological Suppression to Self-Initiated Auditory Sensations in Psychosis: A Novel Avenue for Treatment?
Thomas Whitford, Ruth Elijah
UNSW Australia, Sydney, NSW, Australia

Open Paper Session: CBT and Aging
09:00-10:00 Room 3
A Case Study of the Use of Cognitive-Behavior Therapy for Sibling Relationship Enhancement
Avidan Milevsky
Kutztown University of Pennsylvania, Kutztown, PA, USA

Anger Focused Short Term Cognitive Behavioral Treatment of Depression with Elderly People
Gali Rosenberg, Mayanit Sigler, Dov Aizenberg
Geha Mental Health Center, Petah Tikva, Israel

Depression and Smoking in Mid and Late Life
Miriam Schiff, Anat Roll
Hebrew University, Jerusalem, Israel

Mental Fitness Program for Positive Aging: Enhancing Older Adults Well-Being
Liora Bar-Tur
College of Management Academic Studies, Rishon Lezion, Israel

Coffee
10:00-10:30

Keynote: Gerhard Andersson
10:30-11:30 Room 1
Internet-Delivered CBT: State of the Art and Future Directions
Gerhard Andersson1,2
1Linköping University, Linköping, Sweden, 2Karolinska Institute, Solna, Sweden

Open Paper Session: CBT and Trauma
10:30-12:00 Room 2
Anger Management: Group Therapy for Veterans Suffering from Combat PTSD
Barak Ben-Dayan, Avi Levi, Yaeli Caspi
Rambam Mental Health Care Center, Haifa, Israel

Therapeutic Progression in Abused Women Following a Drug-Addiction Treatment Program
Javier Fernandez-Montalvo, Jose J. Lopez-Góñi, Alfonso Arteaga, Raul Cacho, Paula Azanza
Universidad Publica de Navarra, Pamplona, Spain

Understanding Traumatic Bereavement Within the Context of Torture
Dominique Díx-Peek, Marinda Kotze
Centre for the Study of Violence and Reconciliation, Gauteng, South Africa

Internet Based Interventions for the Treatment of Posttraumatic Stress Symptoms: A Meta-Analysis of Randomized Controlled Trials Looking at Symptom Cluster Level
Annika Küster, Helen Niemeyer, Christine Knaevelsrud
Free University Berlin, Berlin, Germany

Are 60-Minute Prolonged Exposure Sessions with 20-Minute Imaginal Exposure to Traumatic Memories Sufficient to Successfully Treat PTSD? A Randomized Clinical Trial
Nitsa Nacasch, Jonathan D. Huppert, Yi-Jen Su, Yogeve Kivity, Yula Dinshtein, Rebecca Yeh
1Tel-Aviv Burl Community Mental Health Center, Tel-Aviv, Israel, 2Hebrew University of Jerusalem,
Symposium: Before the Curtain Falls: CBT Interventions in Old Age
10:30-12:00 Room 3

Constructing Musical Autobiography for Elderly People: A Preliminary Inquiry
Nomi Levy, Avi Gilboa, Ehud Bodner
Bar Ilan University, Ramat Gan, Israel

Life-Crossroads on Stage: The Influence of Life Stories in a Drama Therapy Group on Positive and Negative Cognitions of Elderly People
Shoshi Keisari, Yuval Palgi
University of Haifa, Haifa, Israel

Training Paid Caregivers to Use Music with Older Adults with Dementia
Ayelet Dassa1,2, Ile Kermel-Schiffman3, Liat Ayalon4
1Alzheimer’s Center, Ramat-Gan, Israel, 2Bar Ilan University, Music Therapy Department, Ramat-Gan, Israel, 3EMDA - Alzheimer’s Association, Ramat-Gan, Israel, 4Bar Ilan University, School of Social Work, Ramat-Gan, Israel

Chronic Sleep Disturbance Predict Health Problems: Follow-Up Results of the Survey of Health and Retirement in Europe
Ephraim S. Grossman1, Amit Shrira1, Ehud Bodner1,2
1Interdisciplinary Department of Social Sciences, Bar-Ilan University, Ramat-Gan, Israel, 2Music Department, Bar-Ilan University, Ramat-Gan, Israel

CBT for Late Life Anxiety: How Efficacious?
Kenneth Laidlaw, Naoko Kishita
UEA, Norwich, Norfolk, UK

Symposium: New Approaches to Cognitive Bias Modification: Beyond Attention Bias Modification for Anxiety
10:30-12:00 Room 4

Modification of Approach-Avoidance Tendencies in Alcoholics: An Unusual Success Story
Mike Rinck1, Eni Becker1, Johannes Lindenmeyer2, Carolin Eberl2, Reinout Wiers2
1Radboud University Nijmegen, Nijmegen, The Netherlands, 2Salus Clinic Lindow, Lindow, Germany, 3University of Amsterdam, Amsterdam, The Netherlands

Assessing the Therapeutic Potential of Targeted Attention Bias Modification for Insomnia Using Smartphone Delivery
Daniel Rudaizky1, Patrick Clarke1, Kristina Bedford1, Lies Notebaert1, Romola Bucks1, Bronwyn Milkins1, Colin Macleod1
1University of Western Australia, Perth, Australia, 2Babes-Bolyai University, Cluj-Napoca, Romania

Can Memory Bias Be Modified? Studies in Subclinical Depression and Rumination
Janna Vrijsen1, Jasper Smits2, Christopher Beever2, Mike Rinck2, Indira Tendolkar1, Paula Hertel4, Eni Becker3
1Radboud University Medical Center, Nijmegen, The Netherlands, 2University of Texas at Austin, Austin, TX, USA, 3Radboud University, Nijmegen, The Netherlands, 4Trinity University, San Antonio, TX, USA

Targeting Biases of Emotional Attention as a Dynamic Process in Time: Attention Feedback Awareness & Control Training (A-FACT)
Amit Bernstein, Ariel Zvielli, Iftach Amir, Pavel Goldstein
Haifa University, Haifa, Israel

"If I Feel Disgusted, I Must Be Getting Ill?" - A Computerized Training to Reduce Disgust-Based Emotional Reasoning in Contamination Fears
Peter de Jong, Johan Verwoerd, Elise Bennik
University of Groningen, Groningen, The Netherlands

Symposium: CBT for Vulnerable Youth – Adoptions and Recommendations
10:30-12:00 Room 5

Predictors of Dropout from Community Clinic Child CBT for Anxiety Disorders
Gro Janne Wergeland1,5, Lars-Göran Öst1,5, Wendy Silverman3, Odd Havi1,5, Einar Heiervang2,5
1University of Bergen, Bergen, Norway, 2University of Oslo, Oslo, Norway, 3Yale University, New York, NY, 4University of Chicago, Chicago, IL, 5University of Bergen, Bergen, Norway
Haven, USA, 4Stockholm University, Stockholm, Sweden, 5Anxiety Disorders Research Network, Haukeland University Hospital, Bergen, Norway

CBT for Children with an Autism Spectrum Disorder
Jon Bjåstad1,2
1Stavanger University Hospital, Division of Psychiatry, Stavanger, Norway, 2Regional Centre for Child and Youth Mental Health and Child Welfare, Uni Research Health, Bergen, Norway

A School Based CBT-Program for the Treatment of Disruptive Behavior: Adaptation and Translation for Children with Mild Intellectual Disabilities
Juliette Liber
Vrije Universiteit, Amsterdam, The Netherlands

Adapting CBT to Adolescents with 22q11.2 Deletion Syndrome
Krister Fjermestad1,2, Torun Vatne2
1University of Oslo, Oslo, Norway, 2Frambu Center for Rare Disorders, Siggerud, Norway

Panel Discussion: Training Emotion Regulation Using Targeted Micro-Interventions: Findings and Implications for the Treatment of Emotional Disorders
10:30-12:00 Room 6

Evaluation of a Transdiagnostic Text-Message-Based Maintenance Intervention after Inpatient Cognitive Behavioral Therapy
Sandra Schlicker1, Matthias Berking1, David Ebert1, Jens Hartwich-Tersek2, Thomas Middendorf2
1Friedrich-Alexander-University, Erlangen-Nuremberg, Germany, 2Schön-Klinik, Bad Arolsen, Germany

Training Cognitive Reappraisal in Socially Anxious Individuals: A Daily Diary Study
Yogeve Kivity, Jonathan Huppert
Hebrew University of Jerusalem, Jerusalem, Israel

Self-Reappraisal during Imagery Rescripting for Social Anxiety Disorder
Susanna Gehring Reimer, David Moscovitch
Dept of Psychology and Centre for Mental Health Research, University of Waterloo, Waterloo, Canada

Loving-Kindness Meditation for Treating Mood Problems: A Proof of Concept Study
Stefan Hofmann, Nicola Petrocchi, James Steinberg, Muyu Lin
Boston University, Boston, USA

Symposium: Medically Unexplained Symptoms: CBT, EMDR, Biofeedback and Hypnosis
10:30-12:00 Room 7

A Perspective and Examples from One Psychologist's Experience Treating MUS over My 37 Years at the Mayo Clinic
Mark Schwartz
Mark S Schwartz PhD, Jacksonville, USA

How Do Clinicians Choose (or Combine!) Between Several Evidenced-Based Approaches for Treating Medically Unexplained Symptoms (MUS)
Tamar Dagan, Arnon Rolnick
Private Clinic, Ramat Gan, Israel

Hypnotherapy in the Treatment of Medically Unexplained Symptoms
Naftaly Edry
Haddasah, Jerusalem, Israel

Is Medically Unexplained Symptoms a Form of Somatic PTSD? EMDR in the Treatment of MUS
Ehud (Udi) Oren1,2
1EMDR Europe Association, Geneva, Switzerland, 2EMDR Israel, Raanana, Israel

Symposium: Imagery Rescripting: Application to Specific Problems and Potential Mechanisms of Change
10:30-12:00 Room 8

Imagery Rescripting Therapy: Session Content and Symptom Improvement
Caroline Salter1, Eleanor Parker1, Gary Brown1, Shafir El Leithy1, Jonathan Wheatley3
1Royal Holloway University of London, Egham, Surrey, UK, 2Post Traumatic Stress Clinic, Springfield Hospital, London, UK, 3Maudsley Hospital, London, UK
Imagery Rescripting as Stand-Alone Treatment for Posttraumatic Stress Disorder Related to Childhood Abuse

*Sandra Raabe*, Thomas Ehring*, Loes Marqhenie*, Miranda Olff*, Merel Kindt*

1University of Amsterdam, Amsterdam, The Netherlands, 2LMU, Munich, Germany, 3Arkin, Amsterdam, The Netherlands, 4Academic Medical Center, Amsterdam, The Netherlands

Mechanisms of Change in the Treatment of Nightmares: Imagery Rescripting vs. Imaginal Exposure Therapy

*Anna Kunze, Jaap Lancee, Nexhmedin Morina, Merel Kindt, Arnoud Arntz*

University of Amsterdam, Amsterdam, The Netherlands

Impact of Imagery Rescripting on the Rescribed Memory and on Individuals' Sense of Self

*Lusia Stopa*

University of Southampton, Southampton, UK

Mechanisms of Change in the Treatment of Nightmares: Imagery Rescripting vs. Imaginal Exposure Therapy

*Anna Kunze, Jaap Lancee, Nexhmedin Morina, Merel Kindt, Arnoud Arntz*

University of Amsterdam, Amsterdam, The Netherlands

**Symposium: Virtual Reality: Using Technology to Extend Treatment Possibilities**

10:30-12:00  Room 9

Interrupting Traumatic Memories: An Emergency Room Intervention for the Prevention of PTSD

*Hunter Hoffman*, *Sara Freedman*

1Bar Ilan University, Ramat Gan, Israel, 2University of Washington, Seattle, USA

iVR - An Internet Based Virtual Reality Early Intervention for PTSD

*Sara Freedman*

Bar Ilan University, Ramat Gan, Israel

The Use of Virtual Reality in the Psychological Treatment of Pain

*Azucena Garcia-Palacios, Rocio Herrero, Guadalupe Molinari, Eva Del Rio, Cristina Botella*

Universitat Jaume I, Castellon, Spain

Using Guided Imagery to Enhance Presence in a Virtual Reality Environment

*Yonatan Dubinsky, Helene S. Wallach, Marilyn P. Safir*

University of Haifa, Haifa, Israel

**Panel Discussion: How Does Mindfulness Work? Investigating Mindfulness Mechanisms across Measurement Methods**

10:30-12:00  Room 10

Experiential Selfless Processing in Mindfulness: Conceptual Model and Implicit Behavioral Measurement

*Yuval Hadash, Reut Plonsker, Amit Bernstein*

University of Haifa, Haifa, Israel

An Intensive Experience Sampling Study of Daily Living and Meditative States over a 1-Month Mindfulness Intervention

*Adi Shoham, Pavel Goldstein, Ravit Oren, David Spivak, Amit Bernstein*

University of Haifa, Haifa, Israel

Equanimity in Mindfulness Training: Conceptual Model & Empirical Test

*Natalie Segev, Yuval Hadash, Galia Tanay, Amit Bernstein*

University of Haifa, Haifa, Israel

Does Present Moment Attention Buffer the Effect of Distress Intolerance on Psycho-Bio-Behavioral Responding to an Anxiogenic Stressor?

*Rotem Paz, Ariel Zvielli, Amit Bernstein*

University of Haifa, Haifa, Israel

**Skills Session: Writing Therapy for Posttraumatic Stress**

10:30-12:00  Room 11

Writing Therapy for Posttraumatic Stress

*Arnold van Emmerik*

University of Amsterdam, Amsterdam, The Netherlands
Keynote: David H. Barlow
12:00-13:00  Room 1

The Origins, Diagnosis and Treatment of Neuroticism: Back to the Future
David H. Barlow
Boston University, Boston, USA

Keynote: Mario Mikulincer
12:00-13:00  Room 2

Adult Attachment Research: Intrapsychic and Social-Relational Aspects
Mario Mikulincer
Interdisciplinary Center (IDC), Herzliya, Israel

Keynote: Muhammad M. Haj-Yahia
12:00-13:00  Room 3

Wife Abuse in the Palestinian Society in Israel
Muhammad M. Haj-Yahia
Hebrew University of Jerusalem, Jerusalem, Israel

Lunch
13:00-14:00

Keynote: Paul Salkovskis
14:00-15:00  Room 1

Worried Sick: Going beyond CBT for Health Anxiety to Medically Unexplained Symptoms and Long Term Conditions
Paul Salkovskis
University of Bath, Bath, UK

Keynote: Daphna Joel
14:00-15:00  Room 2

Vive La Petite Difference: On the Critical Difference between Sex Differences in Genitals and Brains
Daphna Joel
Tel-Aviv University, Tel-Aviv, Israel

Symposium: Psychotherapy in Later Life
14:00-15:30  Room 3

Grief-Specific Interventions for Dementia Caregivers: Results from a Randomized-Controlled Trial
Franziska Meichsner, Gabriele Wilz
Friedrich Schiller University Jena, Jena, Germany

Age Appropriate CBT for Late Life Anxiety and Depression
Kenneth Laidlaw, Naoko Kishita
UEA, Norwich, Norfolk, UK

Outcome, Age, Age of Onset and Comorbid Personality Disorders in Cognitive Behavioural Therapy for Late-Life Panic Disorder: A Comparison with Younger Adults
Gert-Jan Hendriks 1,2, Bernice Gulpers 3,6, Richard Oude Voshaar 4,3
1Institute of Integrated Mental Health Care Pro Persona, Nijmegen, The Netherlands, 2Behavioral Science Institute Radboud University Nijmegen, Nijmegen, The Netherlands, 3Radboud University Medical Centre, Department of Psychiatry, Nijmegen, The Netherlands, 4University Center for Psychiatry, University Medical Center, Groningen, The Netherlands, 5RIAGG Maastricht, Regional Institute for Mental Health Care in Outpatients, Maastricht, The Netherlands, 6Maastricht University Medical Center, School for Mental Health and Neuroscience (MHeNS) / Alzheimer Centre Limburg and
Department of Psychiatry and Psychology / MUMC, Maastricht, The Netherlands

Typologies of Posttraumatic Stress Disorder in Treatment-Seeking Older Adults
Maria Böttche1,2, Robert Pietrzak3,4, Philipp Kuwert5, Christine Knaevelsrud2,1
1Berlin Center for Torture Victims, Berlin, Germany, 2Freie University Berlin, Department of Clinical Psychology and Psychotherapy, Berlin, Germany, 3United States Department of Veterans Affairs National Center for Posttraumatic Stress Disorder, VA Connecticut Healthcare System, West Haven, CT, USA, 4Department of Psychiatry, Yale University School of Medicine, New Haven, CT, USA, 5Ernst-Moritz-Arndt-University. Department of Psychiatry and Psychotherapy at the HELIOS Hansehospital Stralsund, Greifswald, Germany

Do Family Caregivers of People with Dementia Reach Their Goals in a Psychotherapeutic Telephone Intervention? Evaluation of Goal Attainment, Treatment Compliance, and Participant's Satisfaction
Gabriele Wilz1, Renate Soellner2, Franziska Meichsner3
1Friedrich-Schiller-Universität Jena, Jena, Germany, 2Universität Hildesheim, Hildesheim, Germany

Symposium: Ripples of Trauma: Secondary Traumatization in Veterans' Interpersonal Circles
14:00-15:30 Room 4

Keeping the Right Distance – The Roles of Differentiation and Empathy in Secondary Traumatization
Ya‘el Lahav1, Yafit Levin1, Moshe Bensimon1, Yaniv Kanat-Maymon2, Zahava Solomon1
1Tel Aviv University, Tel Aviv, Israel, 2Bar Ilan University, Ramat Gan, Israel, 3Interdisciplinary Center Herzliya, Herzliya, Israel
Secondary Traumatization of Partners of War Veterans: The Role of Boundary Ambiguity
Alana Siegel1, Rachel Dekel1, Yohav Levinstein2, Shimon Fridkin1, Vlad Svetlicky2
1Bar-Ilan University, Ramat Gan, Israel, 2Israel Defense Forces, Israel, Israel
Reciprocal Relationships between Spouses’ Trauma, Dyadic Adjustment, and Parenting
Yafit Levin, Zahava Solomon
Tel Aviv University, Tel Aviv, Israel
Secondary Traumatization and Posttraumatic Growth among Ex-POWs’ Offspring
Roy Aloni, Zahava Solomon
Tel Aviv University, Tel Aviv, Israel
Secondary Traumatization of Partners of War Veterans: The Role of Boundary Ambiguity
Alana Siegel1, Rachel Dekel1, Yoav Levinstein2, Shimon Fridkin1, Vlad Svetlicky2
1Bar-Ilan University, Ramat Gan, Israel, 2Israel Defense Forces, Tel Aviv, Israel

Symposium: Applications of Non-Violent Resistance (NVR) with Children, Adolescents and Young Adults
14:00-15:30 Room 5

NVR with the Parents of Children with ADHD
Irit Schorr-Sapir1
1Tel Aviv University, Tel Aviv, Israel, 2Schneider Medical Center for Children, Petach Tikva, Israel, 3NVR School, Tel Aviv, Israel
NVR and the Prevention of Escalation: Differential Effects with Fathers and Mothers
Ifat Lavi-Levavi
Schneider Children’s Medical Center, Petach Tikva, Israel
Vigilant Care and Young Drivers: Can Parental Training in Vigilant Care Reduce Driving Risk?
Yaara Shimshoni
Sha’ar Menashe Mental Health Center, Pardes-Hanna-Karkur, Israel
NVR for Adult Entitled Dependence
Dan Dolberger
Tel Aviv Center for Non Violent Resistance Psychology, Tel Aviv, Israel

Symposium: Emotional Regulation, Interocception and Psychopathology
14:00-15:30 Room 6

Affective Dysregulation: A Transdiagnostic Phenomenon and Its Role in ADHD
Tanja Legenbauer, Jan Hübner, Natalie Deux, Franziska Martin, Martin Holtmann
Ruhr University Bochum, LWL University Hospital for Child and Adolescent Psychiatry, Hamm,
Wednesday, September 2

Cognitive Processing of Interoceptive Information and Negative Health Outcomes
Stefan Sütterlin 1,2, Raymonde Scheuren 1, Sven Mueller 2, Judith Meessen 2, Nele De Witte 2, Stefan M. Schult 2
1 Lillehammer University College, Lillehammer, Norway, 2 Oslo University Hospital, Oslo, Norway,
3 University of Luxembourg, Luxembourg, Luxembourg, 4 University of Würzburg, Würzburg, Germany,
5 University of Ghent, Ghent, Belgium, 6 RWTH Aachen University Hospital, Aachen, Germany

Interception in Anorexia Nervosa: Evidence at Cortical and Self-Report Levels
Annika Lutz 1, André Schulz 1, Ulrich Voderholzer 1, Stefan Koch 1,2, Claus Vögele 1
1 University of Luxembourg, Luxembourg, Luxembourg, 2 Schön Klinik Roseneck, Prien am Chiemsee, Germany,
3 Paracelsus Medical University, Salzburg, Austria

"Better", "Worse" or "Biased"? The Nature of Interoception in Pathological Health Anxiety
Michael Witthöft 1, Susann Krautwurst 1, Alexander Gerlach 2
1 Johannes Gutenberg-University, Mainz, Germany, 2 University of Cologne, Cologne, Germany

Symposium: Determinants of Course and Outcome in Obsessive Compulsive Disorder: Findings from the Netherlands Obsessive Compulsive Disorder Association Study
14:00-15:30 Room 7

Insight in Obsessive-Compulsive Disorder: Clinical Picture and Predictive Value for the Two-Year Naturalistic Course
Henny Visser 1, Harold van Magen 1, Patricia van Oppen 2, Ton van Balkom 2
1 Innova Research Centre, Mental Health Care Institute GGZ Centraal, Ermelo, The Netherlands,
2 Department of Psychiatry and the EMGO Institute for Health and Care Research, VU University Medical Center, Amsterdam, The Netherlands

Two-Year Course of Obsessive Compulsive Disorder: Results from the NOCDA Study
Patricia van Oppen 1,2, Anton van Balkom 1,2, Merijn Eikelenboom 1,2, Adriaan Hoogedoorn 1,2
1 Department of Psychiatry, VU University Medical Center and GGZinGeest, Amsterdam, The Netherlands,
2 EMGO Institute for Health and Care Research, VU University, Amsterdam, The Netherlands

The Long Term Association of OCD and Depression and Its Moderators
Lee Tibi 1, Patricia van Oppen 2,3, Anton van Balkom 2,3, Gideon Anholt 1
1 Department of Psychology, Ben-Gurion University of the Negev, Beer-Sheva, Israel,
2 Department of Psychiatry, VU University Medical Center and GGZinGeest, Amsterdam, The Netherlands,
3 EMGO Institute for Health and Care Research, VU University, Amsterdam, The Netherlands

The Specificity and Relevance of Obsessive Compulsive Cognitions in Obsessive Compulsive Disorder: A Cross-Sectional and Longitudinal Perspective
Gideon Anholt 1, Lee Tibi 1, Anton van Balkom 2,3, Patricia van Oppen 2,3
1 Department of Psychology, Ben-Gurion University of the Negev, Beer-Sheva, Israel,
2 Department of Psychiatry, VU University Medical Center and GGZinGeest, Amsterdam, The Netherlands,
3 EMGO Institute for Health and Care Research, VU University, Amsterdam, The Netherlands

Symposium: Interpersonal Psychotherapy (IPT) & Adaptations – Evidence Based Treatment
14:00-15:30 Room 8

Integrating CBT and IPT for Complicated Perinatal Disorders - A Case Study
Sharon Ben-Rafael
Tel Aviv Sourasky Medical Center (Ichilov), Tel Aviv, Israel

Feasibility Study of Interpersonal Psychotherapy for Adolescents Diagnosed with Learning Disorders/ADHD (IPT-A-LD)
Anat Brunstein Klomek 1,2, Daphne Kopelman-Rubin 1,2, Hila Argintaru 2,1, Laura Mufson 2, Alan Apter 2,1
1 School of Psychology, IDC, Herzliya, Israel, 2 Psychological Medicine, Schneider Children's Medical Center, Petach Tikva, Israel,
3 Child and Adolescent Psychiatry, Columbia University, New York, NY, USA

Is Exposure Necessary? An Introduction to IPT-PTSD Through a Case Study
Alexandra Rafaeli 1, John C. Markowitz 2,3
1 Tel-Aviv University, Tel-Aviv, Israel, 2 Columbia University, New York City, USA, 3 New York State Psychiatric Institute, New York City, USA
Telephone Interpersonal Counseling (IPC) with Frequent Attenders to Primary Care: Development and Piloting
Dana Sinai, Joshua Lipsitz
Ben Gurion University, Beer Sheva, Israel

Symposium: Computerized Cognitive Training as a Treatment for Anxiety and Depression
14:00-15:30 Room 9

Emotion Regulation Training for High Worriers
Natali Moyal
Department of Psychology and the Zlotowski Center for Neuroscience, Ben-Gurion University of the Negev, Beer-Sheva, Israel

Training Working Memory to Improve Attentional Control in Anxiety: A Proof-Of-Principle Study Using Behavioral and Electrophysiological Measures
Berna A. Sari¹, Ernst H. W. Koster¹, Gilles Pourtois¹, Nazanin Derakshan²
¹Ghent University, Ghent, Belgium, ²Birkbeck University, London, UK

A Positivity-Approach-Training in Depressed Patients
Eni Becker, Anja Barth, Mike Rinck
Radboud University, Behavioural Science Institute, Nijmegen, The Netherlands

Changing Ruminative Thinking Using Inhibition Bias Training
Nilly Mor¹, Shimrit Daches¹, Paula Hertel²
¹Hebrew University, Jerusalem, Israel, ²Trinity University, San Antonio, Texas, USA

Open Papers Clinical Roundtable: Variations in CBT
14:00-15:30 Room 10

Polyvagal Theory's Implications for the Usage of Exposure in CBT
Hadas Mor-Olef
The Israeli Forum for Neuro-Psychoaanalysis, Jerusalem, Israel

Functional-Dialectic-System Approach (FDS): The Problem is the Solution
Moshe Almagor
University of Haifa, Haifa, Israel

Cognitive Behavior Group Therapy and Cognitive Behavior Hypnotherapy for Compulsive Buying Disorder
Jacinto Inbar
Bar Ilan University, Ramat Gan, Israel

Metaphors in Talk about Psychiatric Diagnosis
Lars Klintwall
Oslo & Akershus University College, Oslo, Norway

Is Psychodynamic Psychotherapy Better than CBT?
Aristide Saggino¹,²
¹Associazione Italiana di Analisi e Modificazione del Comportamento e Terapia Comportamentale e Cognitive, Italy, Italy, ²Dipartimento di Scienze Psicologiche, Umanistiche e del Territorio, Università di Chieti – Pescara, Italy, Italy

Negotiation and Conflict Resolution: Hope and Optimism through Logotherapy-Enhanced Cognitive-Behavior Therapy
Pninit Russo-Netzer¹, Matti Ameli², Stefan E. Schuelsenberg², Marshall H. Lewis², Reza Pishya²
¹University of Haifa, Jerusalem, Israel, ²Private Practice, Valencia, Spain, ³University of Mississippi, Mississippi, USA, ⁴Southwest Guidance Center, Kansas, USA, ⁵Viktor Frankl Institute of Sydney, Sidney, Australia

Skills Session: Mindfulness Qualities and Practices
14:00-15:30 Room 11

The Varieties of Mindfulness Qualities and Practices
Asaf Federman¹
¹IDC, Herzliya, Israel, ²Haifa University, Haifa, Israel
Workshop: Schema Therapy for Children and Adolescents  
14:00-17:30 Room 12

Schema Therapy for Children and Adolescents
Christof Loose¹, Ofer Peled²
¹Heinrich-Heine-University, Duesseldorf, Germany, ²Schema Therapy Center, Raanana, Israel

Workshop: Grief Therapy  
14:00-17:30 Room 13

Grief Therapy: Clinical Applications of the Continuing Bonds with the Deceased
Ruth Malkinson, Simon Shimshon Rubin
University of Haifa, Haifa, Israel

Coffee  
15:30-16:00

Keynote: Stefan G. Hofmann  
16:00-17:00 Room 1

Modern CBT
Stefan G. Hofmann
Boston University, Boston, MA, USA

Keynote: Eva Gilboa-Schechtman  
16:00-17:00 Room 2

Social Anxiety Disorder from the Perspective of Two Insatiable Quests
Eva Gilboa-Schechtman
Bar Ilan University, Ramat-Gan, Israel

Symposium: Augmenting CBT with Physical Exercise for Anxiety Disorders  
16:00-17:30 Room 3

Augmenting CBT with Physical Exercise - Review of Previous Research and Scientific Rational
Anders Hovland¹,²
¹Solli District Psychiatric Centre (DPS), Nesttun, Norway, ²University of Bergen, Bergen, Norway

Augmenting Cognitive Behaviour Therapy with Physical Exercise for Older Adults with Generalised Anxiety Disorder - A Randomized Controlled Trial
Kristine Sirevåg¹, Silje Haukenes Stavestrand², Trond Sjøba¹, Ståle Pallesen², Inger Hilde Nordhus², Hans Nordahl³, Jan Mohlman⁴, Henning Johansen¹, Trygve Endal¹, Stine Oksholm Lom¹, Egil Martinsen³, Anders Hovland¹,²
³Solli DPS, Bergen, Norway, ²University of Bergen, Bergen, Norway, ³Norwegian University of Science and Technology, Trondheim, Norway, ⁴William Paterson University, New Jersey, USA, ⁵University of Oslo, Oslo, Norway

Combining Internet Based Cognitive Behaviour Therapy with Physical Exercise as Treatment for Panic Disorder - Treatment Protocol and Preliminary Results from a Feasibility Study
Anders Hovland¹,², Henning Johansen¹, Trond Sjøba¹, Jon Vellestad¹,², Inger Hilde Nordhus², Ståle Pallesen³,⁴, Odd E. Havik⁵, Egil W. Martinsen³,⁴, Tine Nordgreen⁶,⁷
¹Solli District Psychiatric Centre (DPS), Nesttun, Norway, ²Department of Clinical Psychology, University of Bergen, Bergen, Norway, ³Institute of Clinical Medicine, University of Oslo, Oslo, Norway, ⁴Department of Psychosocial Science, University of Bergen, Bergen, Norway, ⁵Anxiety Disorders Research Network, Haukeland University Hospital, Bergen, Norway, ⁶Division of Mental Health and Addiction, Oslo University Hospital, Oslo, Norway, ⁷Bjørgvin District Psychiatric Centre (DPS), Bergen, Norway

Participant Experiences of Augmented Treatment Combining Internet Based CBT and Physical Exercise as Treatment for Panic Disorder - Preliminary Findings from Qualitative Interviews
Anders Hovland¹,², Henning Johansen¹, Trond Sjøba¹, Jon Vellestad¹,², Inger Hilde Nordhus², Ståle
Symposium: Understanding the Trajectories of Posttraumatic Mental Health: The Roles of Risk Factors and Early Interventions
16:00-17:30 Room 4

Long-term Effects of Early Intervention for Acute Stress Disorder
Richard Bryant, Lucy Kenny, Natasha Rawson, Catherine Cahill, Angela Nickerson
University of New South Wales, Sydney/NSW, Australia

Trauma Focused Cognitive Group Therapy among Combat Soldiers Exposed to Traumatic Events
Yael Shoval-Zuckerman¹, Ofir Levi²,³
¹Bar Ilan University, Ramat Gan, Israel, ²Tel Aviv University, Tel Aviv, Israel, ³Ruppin Academic Center, Emek Hefer, Israel

Identifying Cognitive-Emotional Risk Factors for Mental Health Problems after Combat Exposure and Trauma Experience in the German Military
Sabine Schönfeld, Judith Schäfer, Michael Höfler, Hans-Ulrich Wittchen
Institute of Clinical Psychology and Psychotherapy, Dresden, Germany

Efficacy and Effectiveness of Early Clinical Interventions for Post-Traumatic Stress Disorder
Sara Freedman¹, Arieh Shalev²
¹Bar Ilan University, Ramat Gan, Israel, ²New York University, New York, USA

Symposium: Predictors of Treatment Outcome and Attrition in Cognitive Behavior Therapy for Pediatric Anxiety Disorders
16:00-17:30 Room 5

Who Drops out of Treatment? Examining Non-Completers in CBT for Anxiety-Disordered Children
Marianne Villabø
Center for Child and Adolescent Mental Health, Oslo, Norway

Predictors of Treatment Outcome in an Effectiveness Trial of CBT for Children with Anxiety Disorders
Gro Janne Wergeland, Krister W. Fjermestad, Lars-Göran Öst, Odd E. Havik, Einar R. Heiervang
Regional Center for Child and Youth Mental Health and Child Welfare (RKBU West), Bergen, Norway

Predictors Associated with Improved Cognitive-Behavior Therapy Outcome in Pediatric Obsessive-Compulsive Disorder
Nor Chr Torp
Center for Child and Adolescent Mental Health, Oslo, Norway

Does Cognitive Behavioural Therapy Improve Quality of Life in Children and Adolescents with Obsessive-Compulsive Disorder?
Bernhard Weidle
Regional Centre for Child and Youth Mental Health and Child Welfare, Trondheim, Norway

Symposium: The Psychological Flexibility Model: Finding Fault in ‘Good’ Emotion Regulation Strategies, and Grace in ‘Bad’ Ones
16:00-17:30 Room 6

The Effects of State and Trait Emotion Regulation on Inhibition of Irrelevant Negative Stimuli
Tal Ganor, Nilly Mor, Jonathan D Huppert
Hebrew University of Jerusalem, Jerusalem, Israel

The State Cognitive Strategies Inventory (SCSI): Measuring Emotion Regulation in the Moment
Benjamin A Katz, Iftah Yovel
Hebrew University of Jerusalem, Jerusalem, Israel

Believing in Change: Implicit Theories of Emotion and Emotion Regulation Goals in Depression
Yael Millgram, Maya Tamir
Hebrew University of Jerusalem, Jerusalem, Israel
Emotion Regulation Choice Flexibility
Gal Sheppes
Tel Aviv University, Tel Aviv, Israel

Symposium: Why Obsessions Persist: Experimental Research into Emerging Vulnerability Constructs to Obsessiosity
16:00-17:30 Room 7

An Experimental Investigation of Middle Eastern and Western Differences in Disgust Sensitivity: Implications for Cognitive Theories of OCD
Mujgan Inozu1, David Clark2
1Hacettepe University, Turkey, Turkey, 2University of New Brunswick, Brunswick, Canada

The Sense of Incompleteness: Experimental Induction and Its Relationships with OCD and Non-OCD Symptoms in Non-Clinical Individuals
Gertrudis Fornés-Romero, Martha Giraldo-O’Meara, Amparo Belloch
Universitat de València, València, Spain

Self-Vulnerability and Obsessing About One’s Partner: Priming Self-Sensitivity in the Appearance Domain Increases Preoccupation with Partner’s Flaws
Guy Doron, Neta Fabian, Maayan German
Interdisciplinary Center (IDC), Herzliya, Israel

Symposium: The Prevalence and Course of Common Mental Disorders
16:00-17:30 Room 8

Diagnostic Instability of Recurrence in Depressive and Anxiety Disorders
Willemijn Scholten1,2, Neeltje Batelaan1,2, Patricia van Oppen1,2, Brenda Penninx1,2, Anton van Balkom1,2
1Department of Psychiatry, VU University, Amsterdam, The Netherlands, 2EMGO Institute for Health and Care Research, VU University, Amsterdam, The Netherlands

Examining Determinants of Early and Late Age at Onset in Panic Disorder and Agoraphobia: An Admixture Analysis
Lee Tibi1, Patricia van Oppen2, Idan Adker3,4, Anton van Balkom2, Neeltje Batelaan2, Philip Spinhoven5,6, Brenda Penninx2, Gideon Anholt1
1Department of Psychology, Ben-Gurion University of the Negev, Beer-Sheva, Israel, 2Department of Psychiatry and EMGO Institute for Health and Care Research, VU University Medical Center, Amsterdam, The Netherlands, 3Department of Psychology, Boston University, Boston, MA, USA, 4University of Haifa Department of Psychology, Haifa, Israel, 5Institute of Psychology, Leiden University, Leiden, The Netherlands, 6Department of Psychiatry, University Medical Center Groningen, Groningen, The Netherlands

A 6-Year Longitudinal Study of Predictive Risk Factors for Suicide Attempts in Major Depressive Disorder
Merijn Eikelenboom1, Johannes Smit1, Aartjan Beekman1, Brenda Penninx1
1Department of Psychiatry and the EMGO Institute for Health and Care Research, VU University Medical Center, Amsterdam, The Netherlands, 2Department of Psychiatry, University Medical Center Groningen, University of Groningen, Groningen, The Netherlands, 3Department of Psychiatry, Leiden University Medical Center, Leiden, The Netherlands

Prevalence of Depression and Anxiety in Multiple Sclerosis: A Systematic Review
Rosa Boeschoten1,2, Annemarie Braamse1,2, Joost Dekker1,2, Patricia van Oppen1,2, Aartjan Beekman1,2, Bernard Uldehaag1
1Department of Psychiatry, VU University Medical Center and GGZinGeest, Amsterdam, The Netherlands, 2EMGO Institute for Health and Care Research, VU University, Amsterdam, The Netherlands, 3Department of Rehabilitation Medicine, VU University Medical Center, Amsterdam, The Netherlands

Clinical Roundtable: CBT and Technology: Some Examples from UK and Israel
16:00-17:30 Room 9

Using Technology to Enhance and Resonate the Impact of a Therapeutic Session
Dror Gronich, Arnon Rolnick
Rolnick Clinic, Ramat Gan, Israel
Using Technology to Enhance Well Being: The Help2Help Approach  
*Tuvi Orbach, Arnon Rolnick*  
Help2Help, London, UK

Why Should CBT Therapists Use Psychophysiological Tools?  
*Arnon Rolnick*  
Israeli Association for Applied Psychophysiology and Biofeedback, Tel Aviv, Israel

Integrating CBT with Biofeedback- The Alive™ Comprehensive Training Environment  
*Yuval Oded*¹,²  
¹Haifa University, Haifa, Israel, ²Gadot Center for Treatment of Stress and Anxiety, Tel Aviv, Israel

**Special Interest Group (SIG) on Worry, Rumination and Repetitive Thinking**  
16:00-17:30 Room 10

Special Interest Group (SIG) on Worry, Rumination and Repetitive Thinking: What Do They Involve, How Do They Contribute to Clinical Disorders and How Can They Be Reduced  
*Giovanni Maria Ruggiero*¹, *Colette Hirsch*², *Luisa Stopa*³  
¹Studi Cognitivi, Cognitive Psychotherapy School and Research Center, Milano, Italy, ²King’s College, London, UK, ³University of Southampton, Southampton, UK

**Skills Session: Cognitive Behavioral and Positive Group Psychotherapy for Breast Cancer Survivors**  
16:00-17:30 Room 11

Integrating Cognitive Behavioral and Positive Group Psychotherapy When Working with Breast Cancer Survivors - From Resilience to Growth and Flourishing: From Crisis to Passion  
*Jacinto Inbar*  
Bar Ilan University, Ramat Gan, Israel

**Keynote: Hans-Ulrich Wittchen**  
17:00-18:00 Room 1

The Size and Burden of Mental Disorders in Europe  
*Hans-Ulrich Wittchen*  
Technische Universitaet Dresden, Dresden, Germany

**Keynote: Eshkol Rafaeli**  
17:00-18:00 Room 2

Mode Work in Schema Therapy: A Trans-Diagnostic Approach  
*Eshkol Rafaeli*  
Bar Ilan University, Ramat-Gan, Israel

**Poster Session**  
18:00-19:00

**Gala Evening**  
19:30
Thursday, September 3

Open Paper Session: Mindfulness and CBT 1
08:00-09:00  Room 2

Mind your Exposure: Adding Mindfulness and Acceptance Components to Standard Exposure
Hila Breznitz, Ittah Yovel
Hebrew University, Jerusalem, Israel
Mindful Eating Training Post Bariatric Surgery as a Means to Enhance and Sustain Weight Loss
Jenny Cina
Chaim Sheba Medical Center at Tel Hashomer, Ramat Gan, Israel
Mindfulness Based Therapy Program: Experience, Research, Adaptations and Implications for the Local Population
Oded Arbel1,2, Zahira Cohen1,2, Lee Tibi1,2, Ayelet Shmulevich1
1Beer Sheva MHC, Beer Sheva, Israel, 2Ben Gurion University, Beer Sheva, Israel
Strange, Unpleasant and Unusual Effects of Mindfulness-Based Interventions: A Qualitative Study
Hannah Bunce1, Florian Ruths1,2
1Institute of Psychiatry, Psychology and Neuroscience, London, UK, 2South London and Maudsley NHS Foundation Trust, London, UK

Clinical Roundtable: The Practice Council for Conflict Resolution
08:00-09:00  Room 3

"An Enemy Is Somebody You Didn't Listen to His Story" - Council - A Practice of Conflict Resolution
Itaf Awad, Shay Hanien1,2
1Ojai Foundation, Ojai, California, USA, 2ICCI, Haifa, Israel

Open Papers Clinical Roundtable: Personality Disorders
08:00-09:00  Room 8

The Attitudes of Psychiatric Hospital Staff Toward Hospitalization and Treatment of Patients with Borderline Personality Disorder
Ehud Bodner1, Sara Cohen-Fridel1, Mordechai Mashiah2, Michael Segal3, Alexander Grinshpoon3, Tzvi Fischel1, Iulian Iancu2
1Bar Ilan University, Ramat Gan, Israel, 2Tel Aviv University, Tel Aviv, Israel, 3Technion, Haifa, Israel
Mindfulness and Self-Compassion - Changes Induced by Group Schema Therapy for Borderline Personality Disorder: Preliminary Study
Christina Thomas1, Anna Lavender1, Florian Alexander Ruths2
1Institute of Psychiatry, King's College London, London, UK, 2South London and Maudsley NHS Mental Health Trust, London, UK
Psychophysiological Validation and Reparenting - DBT and Schema Therapy Goes Hand in Hand with Biofeedback
Haya Yaniv, Anat Ariel
Private Clinic, Ramat Gan, Israel
The Mediating Role of the Irrational Relationship Beliefs between Parenting Style, Interpersonal Style and Conflict Tendency
Fulya Turk1, Baki Duy1, Zeynep Hamamci1, Ahmet Altinok1
1Gaziantep University, Gaziantep, Turkey, 2Anadolu University, Eskisehir, Turkey

Open Paper Session: Eating and Related Issues
08:00-09:00  Room 9

Emotional and Social Variables in Patients of Bariatric Surgery
Martti T. Tuomisto1, Lauri Parkkinen1, Maaria Nikunen2, Ulla Siljamäki-Ojansuu2, Satu-Sisko Koivula1
1University of Tampere, Tampere, Finland, 2Tampere University Hospital, Tampere, Finland
Stability and Change in Israeli and UK Women's Self-Esteem, Eating Behaviour and Body Satisfaction During and After Pregnancy
Netalie Shloim1, Marion Hetherington1, Mary Rudolf2, Richard Feltbower1
Susceptibility to Social Messages as Mediator between Sexual Orientation and Disordered Eating: Implications for the Treatment of Homosexual and Bisexual Men
Ido Gigi1, Rachel Bachner-Melman1,2, Lilac Lev-Ari1

1Ruppin Academic Center, Emek Hefer, Israel, 2Bar Ilan University, Faculty of Medicine in the Galil, Safed, Israel

A Model of the Impact of Body Image on Sexual Outcomes Using Cognitive Distraction with Body Appearance as a Mediator
Patricia M. Pascoal1,2, Elizabet Silva2, Pedro Nobre2

1Universidade Lusofona de Humanidades e Tecnologias, Lisboa, Portugal, 2Universidade do Porto, Porto, Portugal

Open Paper Session: Cognitive Processes in Emotion Regulation
08:30-10:00 Room 4

Rumination: To Stop or Not To Stop? The Impact of Repetitive Negative Thinking on Inhibition and Negative Affect
Monika Kornacka1,2, Céline Douilliez1,2

1University of Lille Nord de France, Lille, France, 2PSITEC Lab, Villeneuve d'Ascq, France

Memories of Recent Life Events: Differences in Emotional Reactivity and Regulation of Individuals with High and Low Levels of Depressive Symptoms
Adriana del Palacio-Gonzalez, Lynn Watson, Dorte Berntsen

Aarhus University, Aarhus, Denmark

The Role of Cognitive Processing Biases and Threat in the Experience of Experimental Pain
Jemma Todd, Louise Sharpe, Ben Colagiuri

University of Sydney, Sydney, Australia

Symposium: New Insights in the Processes Involved in Disordered Eating
08:30-10:00 Room 5

Learning to Eat Sweets: The Effects of Reward Sensitivity on Appetitive Conditioning
Leentje Vervoort1, Laura Vandeweghe1, Bram Vervliet2, Caroline Braet1

1Ghent University, Ghent, Belgium, 2KULeuven, Leuven, Belgium

"If I Feel Disgusted, I Will Become Fat" - Disgust-Based Emotional Reasoning and Eating Disorder Symptoms
Peter de Jong1, Klaske Glashouwer1,2

1University of Groningen, Groningen, The Netherlands, 2Accare Center for Eating Disorders, Smilde, The Netherlands

"Cold” and “Hot” Executive Functions in Eating Disorders: Implications for Intervention
Daniel Stein1,2, Sigal Gat Lazer3,4, Eitan Gur5, Dan Ramon6, Roni Geva6

1Safra Children’s Hospital, Sheba Medical Center, Tel Hashomer, Israel, 2Sackler Faculty of Medicine, Tel Aviv University, Tel Aviv, Israel, 3Rehabilitation Hospital, Sheba Medical Center, Tel Hashomer, Israel, 4Department of Psychology, The Gonda Multidisciplinary Brain Research Center, Bar Ilan University, Ramat Gan, Israel, 5Eating Disorders Department, Sheba Medical Center, Tel Hashomer, Israel, 6Department of Psychology, Ashkelon Academic College, Ashkelon, Israel

The Influence of Positive and Negative Mood on Automatic Approach Tendencies and Food Intake in Restrained Eaters
Renate Neimeijer1,2, Peter de Jong1, Anne Roefs3

1University of Groningen, Groningen, The Netherlands, 2Accare Center for Eating Disorders, Smilde, The Netherlands, 3Maastricht University, Maastricht, The Netherlands

Emotional Eating in Adolescents: Underlying Mechanisms
Caroline Braet, Julie Vandewalle, Kim Vandurme

Ghent University, Ghent, Belgium

Open Paper Session: CBT for Anxiety Disorders: Mechanisms and Outcomes
08:30-10:00 Room 6

Seeing in the Mind's Eye: Imagery Rescripting for Patients with Body Dysmorphic Disorder - A Single Case Series
Viktoria Ritter, Ulrich Stangier
Goethe University, Frankfurt, Germany
Does a One-Day Program for Overcoming Fear of Flying Run by an Airline Captain Work? If so, Which Mechanisms Mediate Its Effect?
Michael Katz¹, Jonathan Hupert¹, Danny Koren¹
¹University of Haifa, Haifa, Israel, ²Hebrew University, Jerusalem, Israel

Gadgets That Help: How GPS Coordinates Inform Researchers and Therapists about Exposure Therapy
Georg W. Alpers, Andrew J. White
University of Mannheim, Mannheim, Germany

Uncovering the Mechanisms of Exposure Therapy: Inhibitive Learning
Emanuel Maidenberg
UCLA, LA, USA

Open Paper Session: Transdiagnostic Treatments in Groups
08:30-10:00  Room 7

Personality Traits as Predictor of Treatment Effect in Transdiagnostic Group CBT
Sidse Arnfred¹,², Ruth Aharoni Nielsen¹, Clas Winding Christensen¹, Bent Rosenbaum¹,², Nicole Rosenberg⁶, Nina Reinholt⁶
¹University of Copenhagen, Copenhagen, Denmark, ²Capital Region Mental Health Services, Copenhagen, Denmark, ³Capital Region Mental Health Services, Ballerup, Denmark

A Pilot Study of the Outcome and Process of Two Group Therapies for Anxiety Disorders: Unified CBT vs. Combined CBT and Dance/Movement Therapy
Mirit Shani Sela, Anat Yariv, Yogev Kivity, Amit Saad, Michal Master-Barak, Shmuel Fenig, Yuval Bloch
Shalvata Mental Health Center, Hod Hasharon, Israel

"Take a Closer Look"; A Cognitive Behavioural Group Therapy for Psychological Distress
Johanna Bernhardsdottir¹,², Runar Vilhjalmsson², Jane Dimmitt Champion¹,², Ingela Skärsäter¹,², Marga Thome¹
¹University of Iceland, Reykjavik, Iceland, ²Landspitali - The National University Hospital of Iceland, Reykjavik, Iceland, ³University of Texas at Austin, Austin, USA, ⁴Halmstad University, School of Social and Health Sciences, Halmstad, Sweden, ⁵Sahlgrenska Academy, University of Gothenburg, Gothenburg, Sweden

Regularity, Predictability and Emotional Safety in CBT Groups
Ruth Aharoni, Nina Reinholt, Clas Winding, Nicole Rosenberg, Bent Rosenbaum, Sidse Arnfred
Mental Health Centre, Capital Region of Denmark, Denmark

Clinical Roundtable: Psychophysiological Measures in CBT
08:30-10:00  Room 10

Psychophysiological Measures in Cognitive Behavioral Therapy
Arnon Rolnick¹, Mark Schwartz², Yuval Oded³, Daniel Hamiel²
¹Private Practice, Ramat Gan, Israel, ²Brill Community Mental Health Center, Tel-Aviv, Israel

Skills Session: CBT for Strained Adult Sibling Relationships
08:30-10:00  Room 11

Avidan Milevsky¹,²
¹Kutztown University of Pennsylvania, Kutztown, PA, USA, ²Wellspring Counseling, Towson, MD, USA

Workshop: Treatment of Unwanted Mental Intrusion
08:30-12:00  Room 12
Thursday, September 3

Treatment of Unwanted Mental Intrusion: A Transdiagnostic Approach to Persistent Anxiety and Depression  
David Clark  
University of New Brunswick, Fredericton, New Brunswick, Canada

Workshop: Treatment of Bipolar Disorder  
08:30-12:00 Room 13  
Taming the Swings: Cognitive Therapy for Bipolar Disorder  
Cory F. Newman  
University of Pennsylvania, Perelman School of Medicine, Philadelphia, PA, USA

Keynote: Arnoud Arntz  
09:00-10:00 Room 1  
Imagery Rescripting: A Method to Process Memories of Traumatic and Other Negative Experiences  
Arnoud Arntz  
University of Amsterdam, Amsterdam, The Netherlands

Open Paper Session: Mindfulness and CBT 2  
09:00-10:00 Room 2  
The Role of Self-Compassion in a Mindfulness Based Stress Reduction Intervention for Medical Students  
Susan Evans\(^1\), Janna Gordon-Elliott\(^1\), Brian Pilecki\(^2\), Katherine Thorpe\(^1\)  
\(^1\)Weill Cornell Medical College, New York, NY, USA, \(^2\)Brown University, Providence, RI, USA

Effects of a 12 Week Mindfulness, Compassion and Loving Kindness Program on Chronic Depression: A Pilot Within-Subjects-Waitlist-Controlled Trial  
Johannes Graser, Volkmar Höfling, Charlotte Weßlau, Ulrich Stangier  
Goethe University Frankfurt - Department of Clinical Psychology and Psychotherapy, Frankfurt am Main, Germany

BEfree – An Acceptance, Mindfulness and Compassion Group Programme for Binge Eating in Obesity  
José Pinto-Gouveia, Sérgio Carvalho, Lara Palmeira, Paula Castilho, Marina Cunha  
CINEICC, University of Coimbra, Coimbra, Portugal

The Efficacy of an App for Increasing Mindfulness: A Randomized Controlled Trial of the Mobile Mindfulness Coach  
Arnold van Emmerik\(^1\), Fieke Berings\(^2\), Jaap Lancee\(^1\)  
\(^1\)University of Amsterdam, Amsterdam, The Netherlands, \(^2\)VGZ UA, Arnhem, The Netherlands

Clinical Roundtable: "Living a Life That Should Not Be Lived" - Survivor Guilt: Conceptualisation and Treatment  
09:00-10:00 Room 3  
Survivor Guilt in a Traumatised Population: Towards a Cognitive Model  
Hannah Murray\(^1\), Evelina Medin\(^2\), Yasmin Pethania\(^3\)  
\(^1\)Traumatic Stress Service, South-West London & St George's NHS Trust, London, UK, \(^2\)Royal Holloway, University of London, London, UK, \(^3\)University of Surrey, Surrey, UK

"Living a Life That Should Not Be Lived": A Phenomenological Investigation of Survivor Guilt in a Traumatised Population  
Yasmin Pethania\(^3\), Hannah Murray\(^2\), Dora Brown\(^1\)  
\(^1\)University of Surrey, Surrey, UK, \(^2\)Traumatic Stress Service, South-West London & St George's NHS Trust, London, UK

Using Imagery Rescripting to Address Survivor Guilt after Trauma: A Pilot Investigation  
Evelina Medin\(^2\), Hannah Murray\(^2\), Gary Brown\(^1\)  
\(^1\)Royal Holloway, University of London, London, UK, \(^2\)Traumatic Stress Service, South-West London & St George's NHS Trust, London, UK

Open Paper Session: Autism  
09:00-10:00 Room 8
Number of Potential Reinforcers Predicts Treatment Outcome for Toddlers with Autism
Lars Klintwall, Svein Eikeseth
Oslo & Akershus University College, Oslo, Norway

Sandra Israel-Yaacov, Ofer Golan
1Association for Children at Risk, Givat-Shmuel, Israel, 2Department of Psychology, Bar-Ilan University, Ramat-Gan, Israel

Facilitating Emotion Recognition and Understanding in Young Children with Autism Spectrum Disorder, Using Animated Series: Results of a Randomized Controlled Trial
Tali Gev, Ruthie Rosenan, Ofer Golan
Department of Psychology, University of Wuppertal, Wuppertal, Germany

Open Paper Session: Shame and Its Role in Psychopathology
09:00-10:00 Room 9
Cultural Influences on Pride and Shame in Adolescents
Iryna Struina, Annabelle Starck, Stephan Bongard, Ulrich Stangier
Department of Psychology, Goethe University, Frankfurt, Hesse, Germany

Maladaptive Emotion Regulation and Personality Disorders: The Case of Shame Aversion
Carmel Currie, Ittah Yovel
Hebrew University of Jerusalem, Jerusalem, Israel

Regulation of Self-Conscious Emotions: The Impact of Reappraisal and Rumination on Experimentally Induced Shame
Diana Candea, Aurora Szentagotai
Babes-Bolyai University, Cluj-Napoca, Cluj, Romania

What Lies Beneath Shame? An Empirical Investigation about Shame Memories in a Mixed Clinical Sample
Marcela Matos, José Pinto-Gouveia, Sérgio Carvalho
CINEICC – Cognitive and Behavioral Centre for Research and Intervention, University of Coimbra, Coimbra, Portugal

Coffee
10:00-10:30

Keynote: Stirling Moorey
10:30-11:30 Room 1
The Three Phases of Psycho-Oncology: Disseminating Skills beyond Specialist Practitioners
Stirling Moorey
South London and Maudsley NHS Foundation Trust, London, UK

Symposium: Narrative Reconstruction Therapy
10:30-12:00 Room 2
Relational and Emotional Interactions of the Patient and Therapist in Exposure Therapy for PTSD through the Lens of Narrative Reconstruction Therapy
Mordechai Gofman, Tuvia Peri, Zohar Vidan, Rivka Tuval-Mashiach
Bar Ilan University, Givat Shmuel, Israel

Embodied Communication in Exposure-Based Therapies for Post-Traumatic Stress Disorder – A Possible Integration of Cognitive Behavioral Theories, Neuroscience and Psychoanalysis
Tuvia Peri
Bar Ilan University, Givat Shmuel, Israel
Changes in Trauma Narratives following Narrative Reconstruction Therapy and Their Relationship with PTSD Symptoms
Zohar Vidan
Bar Ilan University, Givat Shmuel, Israel

Relational and Emotional Interactions of the Patient and Therapist in Exposure Therapy for PTSD through the Lens of Narrative Reconstruction Therapy - A Discussion
Rivka Tuval-Mashiach
Bar Ilan University, Givat Shmuel, Israel

Results of an Open Trial for Narrative Reconstruction and of a RCT Comparing Narrative Reconstruction to Minimal Intervention
Mordechai Gofman
Bar Ilan University, Givat Shmuel, Israel

Psycholinguistic Avenues of Cognitive and Behavioral Therapy for Traumatic Memory Reorganization
Larysa Zasiekina
Lesya Ukrainka Eastern European National University, Lutsk, Ukraine

Symposium: Understanding Suffering and Resilience in Survivors of Violent Conflict and Atrocities: Clinical Psychological Science to Help Address a Global Public Mental Health Crisis
10:30-12:00 Room 3

Trauma Exposure and the Mediating Role of Posttraumatic Stress and Depression on Somatization Symptoms and Persistent Pain in Civilian War Victims
Naser Morina1,2, Ulrich Schnyder1,2, Richard Klaghofer1,2, Julia Müller1, Chantal Martin-Solch4
1Department of Psychiatry and Psychotherapy, University Hospital Zurich, Zurich, Switzerland, 2University of Zurich, Zurich, Switzerland, 3Psychiatric Services Thurgau, Münsterlingen, Switzerland, 4Division of Clinical and Health Psychology, Department of Psychology, University of Fribourg, Fribourg, Switzerland

Moral Injury, Emotion Regulation and Mental Health in Refugees in Australia and Switzerland
Angela Nickerson1, Ulrich Schnyder1, Naser Morina2, Matthis Schick1, Belinda Liddell1, Richard Bryant1
1UNSW Australia, Sydney NSW, Australia, 2Zurich University Hospital, Zurich, Switzerland

The Mental Health of Asylum Seekers and Victims of Human Trafficking: The Experience of Gesher Clinic
Ido Lurie1,2, Wasim Biroumi3, Shlomit Ben Shmuel3
1Shalvata Mental Health Center, Hod Hasharon, Israel, 2Sackler School of Medicine, Tel Aviv University, Tel Aviv, Israel, 3Gesher Clinic, Community Mental Health Center, Tel Aviv, Israel

Attentional Bias to Trauma Cues and Posttraumatic Stress in Sudanese Asylum Seekers
Kim Yuval, Ariel Zvielli, Amit Bernstein
Haifa University, Haifa, Israel

Symposium: Schema Group Therapy for Cluster B and C Cluster Personality Disorders
10:30-12:00 Room 4

A Cohort Study of the Effectiveness of Schema Group Therapy for Cluster B and C Cluster Personality Disorders: New Evidence for a Road to Which Therapy Belongs to Whom?
David Koppers1, Arnoud Amtz2, Marit Kool1, Marianne Van Asperen1, Jaap Peen1, Rien Van1
1ARKIN, Amsterdam, The Netherlands, 2Universiteit van Amsterdam, Amsterdam, The Netherlands

Effectiveness of Short- and Long-Term Schema Focused Therapy in Groups
David Koppers, Jaap Peen, Marit Kool, Rien Van
NPI, Amsterdam, The Netherlands

Group Schema Therapy for Borderline Personality Disorder: Overview of Methods and Research
Arnoud Amtz2, David Koppers1
1Universiteit van Amsterdam, Amsterdam, The Netherlands, 2ARKIN/NPI, Amsterdam, The Netherlands

The Role of Medication for Outcome of Schema Group Therapy
Marianne van Asperen, David Koppers, Rien Van
NPI, Amsterdam, The Netherlands

Predictors for Drop Out and Therapy Success in Schema-Focused Group Therapy
Marit Kool, Jaap Peen, David Koppers, Rien Van
NPI, Amsterdam, The Netherlands
Symposium: Cognitive Behavior Therapy in Eating Disorders – Introduction – Theoretical Aspects
10:30-12:00  Room 5
Cognitive Behavior Therapy – History, Summary and Future Directions
Yael Latzer1,2, Daniel Stein3,4
1Faculty of Social Welfare and Health Sciences, University of Haifa, Haifa, Israel, 2Eating Disorders Clinic, Psychiatric Division, Rambam Medical Center, Haifa, Israel, 3Safra Children's Hospital, Sheba Medical Center, Tel Hashomer, Israel, 4Sackler Faculty of Medicine, Tel Aviv University, Tel Aviv, Israel

Reviewing Cognitive Treatment for Eating Disorders: From Standard CBT Efficacy to Worry, Rumination and Control Focused Interventions
Giovanni Maria Ruggiero1,2, Walter Sapuppo2,1, Gabriele Caselli1,2, Marcantonio Spada3, Sandra Sasaroli1,2
1Studi Cognitivi, Cognitive Psychotherapy School and Research Center, Milano, Italy, 2Psicoterapia Cognitiva e Ricerca, Cognitive Psychotherapy School and Research Center, Milano, Italy, 3Division of Psychology School of Applied Sciences London South Bank University, London, UK

An Integration between a Neuro-Scientific, Psychodynamic and CBT Approach in the Treatment of Eating Disorders: A New Therapeutic Model
Barbara Pearlman
London Centre for Eating Disorders, London, UK

Cognitive Remediation Therapy for Patients with Anorexia Nervosa
Itsick Vorgaft, Smadar Bercovich
Ziv Medical Center, Zefat, Israel

Symposium: Status and Power in Social Anxiety
10:30-12:00  Room 6
Social Anxiety and Reactions to High and Low Status Positions
Irit Yuhas Sack, Eva Gilboa-Schechtman
Bar Ilan University, Ramat Gan, Israel

Social Anxiety and Erosion of Status
Lynn E. Alden, Brianne Glazier
University of British Columbia, Vancouver, Canada

Low Power and Status, The Imposter Phenomenon and Social Anxiety Disorder
Sofi Marom1,2
1Ruppin Academic Center, Hefer Valley, Israel, 2Geha Mental Health Center, Petah-Tiqva, Israel

The Effect of Perceived Social Power on Maintaining Processes of Social Anxiety
Dana Rasner, Idan M. Aderka
University of Haifa, Haifa, Israel

Symposium: Agency in OCD: From the Lab to the Clinic
10:30-12:00  Room 7
Proprioception and Movement Control in People with High Obsessive-Compulsive Tendencies
Or Ezrati, Ruvi Dar
Tel Aviv University, Tel Aviv, Israel

Attenuated Linguistic Expressions of Agency in Individuals with High Obsessive-Compulsive Tendencies
Ela Oren, Ruvi Dar
Tel Aviv University, Tel Aviv, Israel

‘Did I Do It or Not?’ - Understanding Impairments in Action and Agency Processing in OCD
Itzik Fradkin, Jonathan Huppert
Hebrew University of Jerusalem, Jerusalem, Israel

Agency in OCD: A Clinical Perspective and Case Presentation
Oded Ben Arush1,2
1Israel Center for the Treatment of Obsessive and Compulsive Disorders, Ben Shemen, Israel, 2Hadassah Hospital, Jerusalem, Israel

"Compulsive Indecisiveness" Is Not Caused by Feelings of Incompleteness
Symposium: Personality Disorders: Cognitive Tendencies, Interpersonal Aspects and Comorbidity
10:30-12:00 Room 8

Grandiose and Vulnerable Narcissism - Similarities and Differences and in Interpretation Biases and the Impact of Social Rejection on Them
Michal Weiss, Jonathan Huppert
Hebrew University of Jerusalem, Jerusalem, Israel

Normal Narcissism as a Buffer Against the Development of Eating Disorders and PTSD: Two Prospective Studies
Eytan Bachar1,2
1Hebrew University of Jerusalem, Jerusalem, Israel, 2Hadassah University Medical Center, Jerusalem, Israel

The Daily Nonmonotonic Effect of Interpersonal Rejection-Acceptance among Individuals Suffering from BPD and APD
Eran Barkalifa1, Avigail Snir1, Eshkol Rafaeli2,3, Kathy Berenson3, Geraldine Downey2
1Bar Ilan University, Ramat Gan, Israel, 2Columbia University, New York, USA, 3Gettysburg College, Gettysburg, USA

Social Cognition Is Impaired in Borderline Patients and Their Healthy Relatives
Hila Gvirts
University of Haifa, Haifa, Israel

Symposium: The Cognitive Systemic Post-Rationalist Model from Theory to Clinical Research: A Road for a Cultural Psychology
10:30-12:00 Room 9

Personal Style Therapist (PST-Q) in a Sample of Chilean and Italian Post-Rationalist
Alvaro Quiñones1, Adele De Pascale2, Carla Ugarte1, Paola Cimbolli2, Francisco Ceric3
1San Sebastian University, Santiago, Chile, 2Sapienza University of Rome, Rome, Italy, 3Desarro University, Santiago, Chile

The Post-Rationalist Approach to Psychopathology: Only a Model for Psychotherapy or an Epistemological Foundation for a Cultural Psychology?
Adele De Pascale1, Paola Cimbolli1, Alvaro Quiñones1, Carla Ugarte2
1Sapienza University of Rome, Rome, Italy, 2San Sebastian University, Santiago, Chile, 3Desarro University, Santiago, Chile

The "Weight" of the Emotional and Relational Factors In a Sample of Obese Patients Candidates to Bariatric Surgery
Paola Cimbolli1, Alessandra Marzano1, Alvaro Quiñones2, Carla Ugarte5
1Sapienza University of Rome, Rome, Italy, 2San Sebastian University, Santiago, Chile

Clinical Roundtable: CBT with Religious Patients
10:30-12:00 Room 10

Practicing CBT with Religious Patients in Christian, Muslim and Jewish Communities
David Rosmarin1, William Hathaway2, Michelle Pearce3, Shadi Beshar4
1McLean Hospital/Harvard Medical School, Belmont, MA, USA, 2Regent University, Virginia Beach, VA, USA, 3University of Maryland School of Medicine, Baltimore, MD, USA, 4University of Calgary, Calgary, AB, Canada

Skills Session: CBT for Conflict Resolution
10:30-12:00 Room 11

CBT, Conflict Resolution and KEG Cards (Keys to Emotional Growth)
Eleanor Avinor1, Joanne Silman2
1Sapienza University of Rome, Rome, Italy, 2San Sebastian University, Santiago, Chile
Thursday, September 3

Bnai Zion Hospital, Haifa, Israel, KEG Cards (Keys to Emotional Growth), Haifa, Israel

Keynote: Judith S. Beck
12:00-13:00 Room 1
Cognitive Behavior Therapy for Weight Loss and Maintenance
Judith S. Beck
Beck Institute for Cognitive Behavior Therapy, Bala Cynwyd, PA, USA

Keynote: Yair Bar-Haim
12:00-13:00 Room 2
Attention Bias Modification Treatment for Anxiety and Stress-Related Disorders: From Basic Science to Clinical Application
Yair Bar-Haim
Tel Aviv University, Tel Aviv, Israel

Keynote: Ulrich Stangier
12:00-13:00 Room 3
The Role of the Therapist in Cognitive Therapy for Social Anxiety Disorder
Ulrich Stangier
Goethe University Frankfurt, Frankfurt, Germany

Workshop: OCD in Children and Adolescents
12:00-15:30 Room 12
OCD in Children and Adolescents - Special Topics
Elna Yadin1,2
1University of Pennsylvania, Philadelphia, PA, USA, 2Bryn Mawr College, Bryn Mawr, PA, USA

Lunch
13:00-14:00

Keynote: Sarah Abu-Kaf
14:00-15:00 Room 1
CBT in Non-Western Cultural Contexts - The Case of Arab Society
Sarah Abu-Kaf
Ben-Gurion University of the Negev, Beersheba, Israel

Symposium: Emotional and Physical Pain in Trauma Survivors
14:00-15:30 Room 3
Understanding the Complex Pattern of Reaction to Pain in PTSD: The Contribution of Anxiety and Dissociation
Karni Ginzburg1, Shaul Schreiber2,1, Ruth Defrin1
1Tel Aviv University, Tel Aviv, Israel, 2Sourasky Medical Center, Tel-Aviv, Israel

Personality Constructs, Pain and Pain Modulation: The Mediating Role of Body and Pain Perceptions
Liat Itzhaky, Ruth Defrin, Zahava Solomon
Tel Aviv University, Tel Aviv, Israel

Cognitions Inhibiting the Interpersonal Reconnection of Trauma Survivors: Lessons from the Study of Posttraumatic Loneliness
Jacob Stein, Zahava Solomon
Tel Aviv University, Tel Aviv, Israel

The Vicious Circle of Soma and Attachment among Ex-POWs – Reciprocal Reenactments
Yael Lahav, Zahava Solomon
Clinical Roundtable: Emotion Regulation as an Effective Coping Skill
14:00-15:30 Room 4

Implementing Emotion Regulation through Creative CBT
Yael Sharon, Shelly Zantakeren
Psagot Institute, Tel Aviv, Israel

An Integrative Group Therapy Approach to Development of Emotional Regulation Skills in a Day Centre
Sergio Marchevsky
Mental Health Center – Day Ward, Beer Yaakov, Israel

Relational Emotion Regulation: Intergenerational Transmission of Emotion Dysregulation in the Face of Trauma
Ruth Pat-Horenczyk
Israel Center for the Treatment of Psychotrauma Hebrew University, Jerusalem, Israel

The Roles of Epistemological Understanding and Emotional Regulation in the Conflict Resolution Strategies of School-Age Children
Linda Jankilevich-Wagner
Psagot Institute & Tel Aviv University, Tel Aviv, Israel

Symposium: Cognitive Behavior Therapy in Eating Disorders – Introduction – Clinical Aspects
14:00-15:30 Room 5

Parents Focused Groups: Combining Cognitive Behavioral Methods with a Psycho-Dynamic Approach
Eynat Zubery, Yael Latzer, Daniel Stein
Shalvata Mental Health Center, Raanana, Israel

Blended Treatment for Eating Disorders: A Combination of Online Interventions and Face to Face Contacts
Renate Neimeijer1,2
1University of Groningen, Groningen, The Netherlands, 2Accare Center for Eating Disorders, Smilde, The Netherlands

CBT and Mindfulness for Eating Disorders
Rachel Bachner-Melman1,2, Dina Wyshogrod3
1Ruppin Academic Center, Emek Hefer, Israel, 2Hebrew University of Jerusalem, Jerusalem, Israel, 3MBSR-ISRAEL, The Israeli Center for Mindfulness-Based Stress Reduction, Jerusalem, Israel

Group Cognitive Behavioral Treatment in Female Soldiers Diagnosed with Binge/Purge Eating Disorders
Daniel Stein1,2, Rinat Carter2, Dana Yanykuvitch-Levy3, Hadas Wertheim2, Shirley Gordon-Erez2, Meital Shahimov2, Abraham Weizman3
1Safra Children's Hospital, Sheba Medical Center, Tel Hashomer, Israel, 2Medical Corps, Israel Defense Force, Israel, 3Felsenstein Medical Research Center, and Research Unit at the Geha Mental Health Center, Rabin Campus, Petah Tiqva, Israel

Symposium: Conceptualizing, Quantifying, & Modifying Attentional Bias as a Dynamic Process: Translational Implications
14:00-15:30 Room 6

The Dynamic Perspective on Attentional Bias: Conceptual and Empirical Rationale
Ariel Zvieli, Amit Bernstein
Haifa University, Haifa, Israel

Attentional Bias and Posttraumatic Stress Symptom Severity: A Dynamic Perspective in a Prospective Longitudinal Study among an At-Risk Sample
Judith Schäfer1, Ariel Zvieli1, Amit Bernstein2, Michael Höfler1, Hans-Ulrich Wittchen1, Peter Zimmermann2, Sabine Schönfeld2
1Technische Universitaet Dresden, Dresden, Germany, 2Haifa University, Haifa, Israel

Might a Dynamic Perspective on Attentional Bias Help Illuminate the Relations between Covert and Overt Attentional Processes?
Symposium: Doubting Love: Investigations into the Pathogenesis of Relationship Obsessions
14:00-15:30 Room 7

I Obsess about My Child’s Flaws: Impact and Correlates of Parent-Child Obsessive-Compulsive Symptoms
Guy Doron,1 Ohad Szepsenwol2, Danny Derby3
1Interdisciplinary Center (IDC), Herzliya, Israel, 2Department of Psychology, University of Minnesota, Minnesota, USA, 3Cognetica – The Israeli Center for Cognitive Behavioral Therapy, Tel-Aviv, Israel

Obsessing About Love: How Relationship OC Tendencies Affects Romantic Breakup in Young Canadian Adults
David Clark, Lucia O’Sullivan, Rice Fuller
University of New Brunswick, New Brunswick, Canada

Relationship Obsession Within the Individual-God Context: Exploring Obsessive Tendencies about One’s Relationship with God
Yaniv Efrati,1 Guy Doron1, Ohad Szepsenwol2
1Interdisciplinary Center (IDC), Herzliya, Israel, 2Department of Psychology, University of Minnesota, Minnesota, USA

The Role of Perfectionism in Relationship Obsessive-Compulsive Disorder (ROCD)
Gabriele Melli,1 Claudia Carraresi1, Guy Doron2
1Institute of Behavioral and Cognitive Psychology and Psychotherapy, IPSICO, Florence, Italy, 2Interdisciplinary Center (IDC), Herzliya, Israel

Symposium: Preschool and Neurodevelopmental Anxiety-Related Disorders of Childhood
14:00-15:30 Room 8

Significant Nighttime Fears in Pre-School Children and Related Clinical Manifestations
Jonathan Kushnir,1,3 Doron Gothelf1,2 Avi Sadeh4
1Child Psychiatry Unit, Sheba Medical Center, Ramat Gan, Israel, 2Sackler Faculty of Medicine, Tel Aviv University, Tel Aviv, Israel, 3Interdisciplinary Center, Herzliya, Israel, 4School of Psychological Sciences, Tel Aviv University, Tel Aviv, Israel

Anxiety Disorders in Children with Neurogenetic Syndromes: 22q11.2 Deletion Syndrome and Williams Syndrome as Models
Doron Gothelf1,2
1Child Psychiatry Unit, Edmond and Lily Safra Children’s Hospital, Sheba Medical Center, Tel Hashomer, Israel, 2Sackler Faculty of Medicine, Tel Aviv University, Tel Aviv, Israel

The Link between Sleep Difficulties, Social Functioning in School and ADHD Severity
Martin Efron1, Mor Bar1, Tal Harel1, Doron Gothelf2, Jonathan Kushnir1,3
1Child Psychiatry Unit, Edmond and Lily Safra Children’s Hospital, Sheba Medical Center, Ramat Gan, Israel, 2Sackler Faculty of Medicine, Tel Aviv University, Tel Aviv, Israel, 3Department of Psychology, Interdisciplinary Center, Herzliya, Israel

The Outcome of Children with Selective Mutism Following Cognitive Behavioral Intervention: An Historical Prospective Study
Claudia Lang1, Ziv Nir2, Ayelet Gotlib2, Shoshi Domachovsky1,3, Lee Ginton4, Jonathan Kushnir1,3, Doron Gothelf1,2
1Anxiety Clinic, Child Psychiatry Unit, Edmond and Lily Safra Children’s Hospital, Sheba Medical Center, Tel Hashomer, Israel, 2Sackler Faculty of Medicine, Tel Aviv University, Tel Aviv, Israel, 3Interdisciplinary Center, Herzliya, Israel, 4Psychology Department, Boston University, Boston, USA

Sensory Modulation Disorder in Tourette Syndrome: Implications for Treatment
Hana Weisman1,2, Alan Apter1, Tamar Steinberg1, Shula Parush1
1Matta and Harry Freund Neuropsychiatric Tourette Clinic, Schneider Children’s Medical Center, Petah Tikva, Israel, 2School of Occupational Therapy, Faculty of Medicine of Hadassah and the Hebrew University of Jerusalem, Jerusalem, Israel, 3Child Psychiatry Unit, Edmond and Lily Safra Children’s Hospital, Sheba Medical Center, Tel Hashomer, Israel
Special Interest Group (SIG) on Supervision, Training and Therapist Development
14:00-15:30 Room 9
Supervision, Training and Therapist Development: Difficult Moments in Supervision: Understanding the Process and Finding Solutions
Andreas Veith
Zentrum für Psychotherapie Dortmund, DGVT Ausbildungszentrum, Dortmund, Germany

Open Paper Session: Addressing Spirituality and Religious Issues in CBT across Cultures
14:00-15:30 Room 10
Spiritual Meaning in Life, Values, and Severe Mental Disorders
Sylvia Mohr, Sonia Vidal, Nader Perroud, Philippe Huguelet
University Hospital of Geneva, Geneva, Switzerland
Everything You Wanted to Know about Psychotherapy Client Religiousness and Spirituality but Were Afraid to Ask!
Aryeh Lazar
Ariel University, Ariel, Israel
Can a Brief Training Program Change Implicit Attitudes about Religion among CBT Clinicians?
Dovid Green1,2, Steven Pirutinsky4, David Rosmarin2,3
1Fordham University, Bronx, NY, USA, 2Center for Anxiety, New York, NY, USA, 3McLean Hospital/Harvard Medical School, Belmont, MA, USA, 4Georgian Court University, Lakewood, NJ, USA
Incorporating Muslim Religious Values into CBT: Two Case Studies
Muna Ahmead
Al Quds University, Bethlehem, Occupied Palestinian Territory
Correlations between Psychological Well-Being of Elderly White and Black Institutionalised Elderly
Anathi Ntozini, Karen Walton
University of Fort Hare, East London, Eastern Cape, South Africa

Skills Session: Inference-Based Therapy (IBT) for OCD
14:00-15:30 Room 11
When the Imagination Is Out of Focus: Key Skills and Strategies in Inference-based Therapy (IBT) for OCD?
Kieron O’Connor1, Jan Van Niekerk2
1University of Montreal, Montreal, Quebec, Canada, 2Fulbourn Hospital and Beechwood Centre, Cambridge, UK

Workshop: CBT for Sexual Dysfunction
14:00-15:30 Room 13
Cognitive Behavioural Systems Approach in Treatment of Couple and Sexual Problems
Mehmet Sungur
Turkish Association for CBT - Medical Faculty of Marmara University, Istanbul, Turkey

Coffee
15:30-15:45

Closing Session
15:45-17:00